



KOONGGA

Bulletin of the Rotary Club of Ku-ring-gai
Inc - Chartered 6th February 1959



Volume 59 No. 08 22 Aug 2016 — Membership and New Club Development Month

Clarke Road education day

This was the Clarke Road Education Day in Education Week and there was a Country and Western theme! Some parents visited and also students from Barker assisted. They often come to the school and work/play with the Clarke Road students. It works well and is beneficial for all. At 11.40 they all enjoyed a Bush Dance! We cooked and served 200 sausages.

Joy Newling the fearless leader, Lindsay Forrest, Michael Midlam, Geoff Hungerford, Gary Keating, Tony McClelland and Greg Newling assisted with the BBQ

Our smiling Lindsay



In this issue <http://www.kuringgairotary.org.au/>

Guest Speaker	Coming Speakers	Clarke Road	DG report
Gambling assistance	KYDS fundraiser		
Linda Rocket day			

Sick parade • Anniversaries • Door team • Gordon Market roster

Lifeline Gambling help

Gambling Help

Lifeline Harbour to Hawkesbury is funded by the Responsible Gambling Fund to provide a Gambling Help service on Sydney's north shore. The LLH2H Gambling Help service includes a face-to-face personal counselling service, a face-to-face financial counselling service and a group treatment program.

The Responsible Gambling Fund (RGF) was established in 1995 by NSW Government (OLGR). Funded by 2% Gaming levy paid by Casino.

LLH2H Gambling Help Service includes 6 LGA's: Ku-ring-gai, Hornsby, Willoughby, Ryde, North Sydney, Lane Cove.

The service is FREE for gamblers, family members and friends

Gambling Help also provides a Gambling Helpline: 1800 858 858 (24/7); a Gambling Help website: gamblinghelp.nsw.gov.au; Self-help tools: workbooks, DVD's, phone apps, social media; Gamblinghelponline.org.au

The most popular form of gambling is poker machines and there are more poker machines in NSW than any other state. Sports betting is the fastest growing form of gambling in Australia;

Race betting is more than 3x larger than the sports betting market in Australia.

Gambling is increasingly becoming the domain of the young and is targeted mostly at young men.

Access to gambling is available by person, by phone or by the internet. Advertisements are online, on tv, in sporting environments; Online gambling businesses are highly visible;

A significant contributing factor to problem gambling is the availability of and access to gambling opportunities.

Prevalence: Survey results suggest approximately 400,000 Australian adults experience moderate to significant problems from their gambling, (Productivity Commission Report, 2010) (Approx. 2%).

18-24 year olds are more likely to experience problems (particularly males) and make up 40% of all problem gamblers; Up to 5% will develop a problem by 25;

It is the 'addiction' that is hardest to identify as there are few physical symptoms. Only 5 – 10 % of problem gamblers seek help.

Lifeline Gambling help continued

Gambling Research Australia definition: “Problem gambling is characterised by difficulties in limiting money and /or time spent on gambling which leads to adverse consequences for the gambler, others, or for the community.”

The following screen, *The Problem Gambling Severity Index* is used to determine whether gambling is a problem:

Do you bet more than you can afford to lose?

Do you need to gamble with more money to get the same feeling of excitement?

Do you go back another day to try to win back the money you lost?

Have you borrowed money or sold anything to get money to gamble?

Do you feel like you have a problem with gambling?

Has gambling caused you health problem, including stress or anxiety?

Have people criticised your gambling, regardless of whether or not you thought it was true?

Has your gambling caused any financial problems for you or your household?

Have you felt guilty about the way you gamble or what happens when you gamble?

Rotary Leadership Institute (RLI)

The success of Rotary Leadership Institute (RLI) in District 9685 is because it delivers skills and knowledge that Rotarians can apply straight away in their clubs. RLI hones leadership skills, builds Rotary knowledge, gives a perspective about where Rotary has been and where it is now, and shares a vision of what Rotary can be. This is all done while networking with Rotarians from other clubs and providing opportunities for partnering in service.

The three part course is held on Saturdays or Sundays at our [District Office](#), Thornleigh. Morning tea and lunch are provided. Each day starts at 8:30 for 9:00am and finishes around 3:45pm.

Until further notice, District is bearing the full cost as part of its training budget.

Courses 36 (Saturdays) and **37** (Sundays) are open for registration:

RLI 36 runs 20 August, 17 September, 1 October

RLI 37 runs 18 September, 9 October, 30 October

Register at rli.rotarydistrict9685.org.au

Bruce Lakin DG visit



Aspirations

Enjoy Rotary!
This is Our Year!
Every Club, Every Rotarian!
Be More Digital!

Enjoy Rotary!

Celebrate our good work, Enjoy the Now
Projects, Fundraising, Meetings and Socials
Rotarians enjoying Rotary will attract new Members...
Remember to Save the Date!...District conference

Saturday 11 March 2017

This is our year

We are Custodians for a year
We can do good in the World
Leave Rotary and our community
just a little better

Every Club, Every Rotarian!

Rotarians adopt The Rotary Foundation
as their charity of choice – “Foundation First”
Every Club applies for a grant
Every Rotarian & Every Club
gives something to TRF

Bruce Lakin DG visit continued

Be more Digital!

Promote use of e-Resources

Create the need to use

Don't leave the Other Folk behind

2015-2018 DISTRICT 9685 STRATEGIC PLAN

To support, develop and encourage Rotary Clubs to bring together business, professional and community leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

Goal 1 : Support & Strengthen Clubs

- Support all worthy Club requests and activities
- Proactive support & guidance to smallest Clubs
- Promote Visioning, RLI & Future Leaders
- Offer New Member training seminars
- Encourage cooperation between Clubs
- Support more Rotaract Clubs
- Recruit from Rotary Alumni
- Less Clubs, More members = Nett 100
- 12 new Visions, 12 more RLIs, competition for Future Leaders
- 4 New Member seminars
- Evidence of Zone encouraged Club cooperation
- New recruits from Rotary Alumni & Rotaract =<10 per is failure!
- Obvious examples of Interact, Rotaract, Probus inclusion with Club and District

Bruce Lakin DG visit continued

- Every Club attends District events

All Clubs have goals on Club Central = >38 is success!

Goal 2 : Focus & Increase Humanitarian Service

- Continue D9685 TRF excellent performance both Giving & Granting
- A signature TRF Centenary Celebration
- Promote and support all District Avenue of Service programs
- Encourage a District Focus for the year
- Connecting with Aboriginal Australians
- Gaining Cultural Awareness & Understanding and
- Helping where there is a real need
- We can learn a lot & gain better understanding

We can help some people whose need may be the equal of other most deserving projects

More giving, # Members = # Givers, More MD, PHF, PHS, Centurions

- More granting,
- 100% of available funding allocated
- Signature TRF fundraising event held
- (if we think it is a good idea?)
- District A of S programs participation rate
- District Committees feel cared for

Clubs embrace District focus , # of projects created

Goal 3 : Enhance Public Image & Awareness

- Promote District social media network
 - Identify and promote keystone events monthly
 - Develop District : Print media relationship
 - Generate District press releases
- Leverage RI & Zone 8 PR resources

KYDS

Dear Rotary Friends

On Thursday September 29, KYDS will be holding a fundraising and awareness-building lunch at the Botanic Gardens Restaurant. All funds raised will support the core KYDS service of free, confidential counselling for young people.

Matt de Groot (Nova fm) is our MC, Jessica Rowe, AM (journalist, author, mental health advocate, Studio Ten presenter) will be our keynote speaker alongside a number of young people who have been helped by KYDS over the years, and there will also be a few fun, uplifting and colourful fundraising activities.

KYDS Fundraiser

I would very much appreciate it if you could circulate the attached flyer to your club members and other networks, to help our bookings along.

With thanks & Kind Regards

Felicity McDonnell
Business & Funding Manager
KYDS Youth Development Service

Ph: [02 9416 0900](tel:0294160900) / [0417 063 837](tel:0417063837)

Guests last week

Jeanette Svehla

EaglesRAPS needs your old laptops

If you have old Laptop computers please advise Michael Midlam

This week

Diane Robertson, Principal of Clarke Road School will come and talk to us about the school itself and educational approaches to assisting children with special needs. (Good for newer members (including me) who were not around when she spoke in 2011 as the new Principal.)

Linda Lam Rolfs second Rocket talk

Second Science Rocket talk. Three attendees this time and changed the format to become interactive presentation

Many questions and significant interest

Next presentation will be in February March

Calendar of events

29-Aug	Captain Cameron Hartman	Qantas Antarctic flights
05-Sep	Rob Edwards	Solar panels for Fiji schools
12-Sep		
19-Sep	Film Night	
31 Oct	International Night	

Bank Details

General account BSB: 032089 Account 253341 **Please include your name**
Project account BSB: 032089 Account 253333 **Please include your name**

Board of directors

President	Michael Midlam
Vice President	John Aitken
Immediate Past President	Graham Timms
President Elect	Malcolm Braid
Secretary	Lindsay Forrest
Treasurer	Chris Lewis
Director	Greg Newling
Director	Linda Lam Rolfs

Service committee chairpersons and committees

Administration (Club Service)	Gary Keating
Vocational Service	Lou Coenen
Community Service	Roger Desmarchelier
International Service	Georgina Manning
Youth Service	Linda Lam-Rohlf
Social events	Joy Newling
Bobbin Head Cycle Classic	Tony McClelland
Sergeant-at-Arms	Graham Timms

Club committees

<p>Administration: Gary Keating, Geoff Hungerford, Rob Hall (Program), Bob Ivey (Web and social media), Graham Maslen, Tony McClelland (Koongga)</p> <p>Bobbin Head Cycle Classic: Tony McClelland, John Aitken, Ross Egan, Bob Elsworth, Peter Kipps, Michael Midlam, Gary Keating</p> <p>Club History: Malcolm Braid, Tom Jackson</p> <p>Community: Roger Desmarchelier, Gary Dawson Rob Hall Geoff Hungerford (Gordon Markets) Gary Keating Ross Egan (Daffodil Day) Chris Hoch (Red Shield) Anil Fulwaria Nick Kenyon Ted Price Cathy Jackson</p> <p>International: Georgina Manning, Rob Hall, Graham Timms, Graham Maslen, Greg Newling, Anil Fulwaria, Emyr Evans</p> <p>Membership: Tony McClelland,</p> <p>Public Relations: Emyr Evans, Georgina Manning,</p> <p>Rotary Foundation: Chris Hoch, Peter Tang, Lindsay Forrest, , Greg Newling</p> <p>Social Events: Joy Newling, Ross Egan, Georgina Manning,</p> <p>Vocational: Lindsay Forrest, Lou Coenen, David Forsythe, Peter Kipps, M Tyler</p> <p>Youth: Linda Lam-Rohlf, , Cathy Jackson, Gary Keating, Chris Lewis, Matt Mah-joub, Andrew Marselos, Joy Newling, Don Riddell</p>



The Colours of KYDS Fundraising Lunch

With Jessica Rowe

Thursday September 29, 2016

12.30 for 12.45pm

Royal Botanic Gardens Restaurant

Mrs Macquarie's Rd Sydney NSW 2000

In the beautiful spring surroundings of Sydney's Royal Botanic Gardens, you'll enjoy a luscious two-course lunch, with wines and tea / coffee + petit fours. Jessica Rowe, AM will speak about her own experiences with mental health issues, and you will also hear from some of the young people helped by KYDS over the years. There will also be some colourful, uplifting fundraising activities!

All proceeds from the event will support KYDS core service of free, confidential and easily-accessed counselling for young people.

A limited number of premium position sponsorship tables are available. Individual tickets are \$120 per person.

For information / ticket reservations, phone: 9416 0900

On-line ticket sales: www.trybooking.com/MEHK

The Colours of KYDS Lunch: Join us to build Brighter Futures for Youth

www.kyds.org.au