



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959



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Rotary monthly theme: Youth services

This week: Graham Timms: Grapes I have trodden

The last wine that Graham Timms made before he sold his share of Toms Waterhole Wines to his business partner was called "The Black Shiraz." The wine was made from a very unusual clone of Shiraz and the result was extraordinary. Unfortunately, soon afterwards all the vines were lost.



This year Graham had a phone call from his former partner. They may, just may, have found another patch of these special vines. Would he be interested in making another batch?

Would he? Bags were packed and he was at the winery in Canowindra twenty-four hours later.

This week Graham will tell the story of that vintage, together with a digression into and tasting of the virtues (or otherwise) of the latest fashion trend, "natural" wines.

Last week's guests

President **Marlene Carty** of the Rotary Club of Wahroonga presided at last week's combined meeting of her club, our club and the Rotary Clubs of St Ives and Turramurra. She welcomed the Member for Ku-ring-gai, Alister Henskens, District Governor Gina Growden, the Presidents of the other Rotary clubs and numerous representatives of the Bobbin Head Cycle Classic ('BHCC') sponsors and beneficiary charities.

Toast to Rotary International

In proposing the toast to Rotary International, District Governor **Gina Growden** said that she has been encouraging clubs in the District to undertake joint projects and has used the BHCC as a good example of what can be achieved. The Rotary Club of Erina has now combined with 5 other Rotary clubs to run a similar event.

Gina compared different people's beliefs about what is Rotary International - the World President and 640 staff in Chicago, opportunities for fellowship and travel, the opportunity to serve, a organisation that changes peo-

ple's lives (raising and distributing over \$1billion each year). However, she concluded that Rotary International is the grassroots members, such as those in the room, who do the work of Rotary.

Webinar with incoming Rotary International Director Noel Trevaskis

Rotarians from zones 7 and 8 are invited to join incoming RI Director Noel Trevaskis in our next webinar in the '**Strengthening Rotary**' series.



As Noel prepares to take up his new position on the board of Rotary International, he will share his hopes and plans for Rotary in our region. Noel's presentation will cover topics at the heart of many Rotarians, including membership, Rotary Foundation grants, public image, and of particular interest recent changes approved by the Council on Legislation. Noel will also share some of his recent experiences preparing for his new role as Director for the period 2017 – 2019.

There are two opportunities to join this forty minute webinar with Noel: **Monday 6 June** 2016 at 5.00 pm (AEST) - **Friday 10 June** 2016 at 8.00 am (AEST)

To register for the webinar click [HERE](#) and choose your preferred day. Alternatively, contact Jessie Harman at j.harman@federation.edu.au.

Rotary Leadership Institute looking for a laptop

Our District's Rotary Leadership Institute program is looking for a new (second hand) laptop!

The current laptop used for projecting material during the three days of each course has failed and it is necessary to acquire another one.

Do you have or know of a laptop that is being replaced, privately or in a business, and could acquire it for this worthy cause?

If so, please contact PDG Ian Scott AM - ianscott@rotarydistrict9685.org.au

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The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au 'Be a gift to the world' is the Rotary International President's theme for 2015-16



Susan Wakefield appointed District Governor 2018-19

Susan Wakefield OAM of the Rotary Club of the Lower Blue Mountains has been appointed District Governor for District 9685 for the year 2018-2019.

Youth Exchange students on safari

Rotary Youth Exchange Students from District 9685, recently joined with other Exchange Students from Districts 9675, 9670 and 9650 for the annual Youth Exchange Safari around Australia. Students had a wonderful time, developing and strengthening relationships with each other, whilst discovering Australia and learning more about the culture.

The tour took the students up the east coast of NSW and Queensland, as far as Cairns; across to Alice Springs as a starting point for exploring the Red Centre; before heading out through South Australia and Victoria, driving up on the Great Ocean Road; through Melbourne, Canberra and home.

Each night the students held a Rotary Meeting, which included the compulsory Rotary fines session...at these sessions the students raised \$314 (pretty impressive on 20c fines), which they decided to donate to Taldumande, the "Place of Refuge" providing support and accommodation for homeless youth. Mosman Rotary Club generously made the amount up to \$500, which was presented to this fantastic organisation. Well done to the Rotary Youth Exchange Students and thank you Mosman Rotary for your support.



Last week: Bobbin Head Cycle Classic presentations

BHCC Manager, **Paul Rickard**, commenced the BHCC presentations evening by highlighting 5 key points about the fifth BHCC:

1. It was incident-free. Whilst we had good luck with the weather, a lot of hard work went into ensuring riders' safety, including involvement of more marshals than previously. 93.5% of post-event survey respondents felt very safe.

2. Community feedback was improved, due a lot of work communicating with affected people. No email complaints were received.
3. The post-event survey showed 98% rider satisfaction with the event.
4. Four Rotary clubs working together had achieved great success.
5. 500 volunteers from the clubs, sponsors and beneficiary charities had played a vital role in running the event.

Sponsorship Manager **Jack McCartney**, who was assisted by **Emma Bagley** from Lifeline, paid tribute to the event sponsors including Platinum Asset Management, Bayer Australia Limited, Ku-ring-gai Council, Production Technologies, Gordon Physiotherapy, Lady Davidson Private Hospital, Liverpool River Bananas, Magellan Financial Group, Precept Investment Acutaries, Sydney Adventist Hospital, St Ives Shopping Village, Turramurra North Real Estate and Blackman Bicycles.

Jack emphasized that the sponsors had told him that they were motivated by wanting to contribute to the community, rather by whatever they might get back as a result of their sponsorship.

Fundraising Manager **Ian Stewart** thanked and congratulated the team and individual fundraisers, including the 'Bobbipins' from Lifeline (8,211), television channel 'TEN Gives' (\$6,680) and Anne Goodman (\$5,791). He wants teams and riders to raise even more next year.

BHCC originator and manager, **Michael Robertson** thanked State Emergency Services representative **Murray Lennon** (who is also President of the Rotary Club of St Ives) for the help provided by the SES with advice, equipment and volunteers (involved in traffic control and first aid).



He presented a cheque for \$6,000, which Murray said would be applied to renovations of the local SES headquarters. Murray also paid tribute to Rotarian **Greg Rappo** and the **Terrey Hills Rural Fire Service**, for the assistance they have provided over the past 4 years.

President **Marlene Carty** thanked **Ray Price**, CEO of Bicycle New South Wales for the partnership established with the BHCC. She then presented a cheque for \$72,000 to **Wendy Carver**, CEO of Lifeline Harbour to Hawkesbury.

Wendy thanked the 4 Rotary clubs for the event and the donation (which will help to save lives) and said that it was a privilege to work with the members of the clubs. She expressed her admiration at the organisers' ability to overcome the many obstacles they faced and said that Rotarians are amazing people. She thanked them for their tireless efforts helping less fortunate people.

Wendy said that Lifeline receives over 1 million calls for help nationally each year, 100,000 of which are taken by Lifeline Harbour to Hawkesbury. Nationally there are 8 suicides each day and 7 attempted suicides every hour. Suicide is the leading cause of death in the 15-44 age range.

Suicide has devastating effects on people who are related to or know the suicides. Any type of person may get into a situation where they feel so overwhelmed that they attempt suicide. Wendy mentioned the wide range of phone based and face to face services that Lifeline provides.



Wendy said that the BHCC donation will fund a professional supervisor in Lifeline's call centre after hours and at weekends. The supervisor also works with police and ambulance personnel when they are trying to save lives.

Presenting a cheque for \$12,600 from the BHCC and another cheque for \$355 from our recent theatre night to Marten and Sally Wynd of Eagles RAPS, **President Graham** of our club spoke about the work that Eagles RAPS does with disadvantaged youths in Blacktown. He introduced **Letitia Henderson**, a student at Eagles RAPS, who briefly related how she joined its program in 2014 and how it is helping her to get her life back on track.



President Rob Byrne of the Rotary Club of Turramurra told the meeting that his club is donating \$5,000 from the BHCC to 'Wheelchairs For Kids' in Bangladesh. Working with Rotary Australia World Community Service ('RAWCS') and leveraging contributions with District grants, they are building ramps into homes and schools.

Rob also presented a cheque for \$7,600 to **Denise Curry**, Chair of the Bo Children's Hospital Foundation.

Denise expressed her appreciation to Michael Robertson and Ross Warden of the Rotary Club of Turramurra for their involvement in a fabulous event (BHCC). She said that the money will go towards purchase of medical equipment and solar power or a generator.

She also acknowledged Nuli Lemoh who started the Bo Hospital project. The hospital is run by the local community and staffed by local people. It has treated over 15,000 children since 2002. It's new isolation ward was useful in a recent measles outbreak.

President-Elect Peter Lorschy of the Rotary Club of St Ives presented a cheque for \$12,600 to **Professor John Carter** of the Cromehurst Foundation.

Thanking the Rotary clubs for the donation, Professor Carter said that the Foundation supports a cottage bes-

ide Cromehurst School in Lindfield. There intellectually disabled students from the school and past students are helped to develop a degree of independence. Whilst they are unlikely to become totally independent, the progress they make is good for them psychologically.

The cottage, which has been operating since 1986, has a resident supervisor and can accommodate 4 students. Others come in on a day basis. The program makes a massive difference to the students.

Running the cottage requires \$80,000 per annum. The Foundation receives no government support.

President Marlene presented a cheque for \$12,600 to the Hornsby Ku-ring-gai Women's Shelter. Accepting the donation, its chairman **John Lockyer** described the BHCC as a fantastic event, his involvement as a marshal as a fantastic experience and the happiness of the riders as equally fantastic.



John thanked the 4 Rotary clubs for their generous support of the Women's Shelter, which has been operating for 2 years and has helped 80 women. He announced that progress is being made towards opening of new shelters in Castle Hill and Foster/Tuncurry.

President Graham made the final presentation of \$21,600 to **Felicity McDonnell**, the Business Manager of Ku-ring-gai Youth Development Service ('KYDS').

In response, Felicity said it was a wonderful experience being involved in the BHCC. She related how KYDS was established by the Rotary Club of Lindfield 10 years ago. It fills a gap in adolescent support services and provides 2,000-2,500 counselling sessions each year.

KYDS helps people on the verge of homelessness, with relationship problems, drug dependency and other problems. There are more referrals from St Ives than from any other suburb on the North Shore. Many recent arrivals are people who had bad experiences overseas.

Wahroonga has the most suicide referrals to KYDS (and there are more suicides than road deaths each year nationally).

KYDS will use the donation to employ psychologists, who help children back from crisis point to engagement in the community. The money will save someone's life within the next few months.

Next week: Kathryn Goozee: Researching Alzheimers disease

Associate Professor Kathryn Goozee has over 30 years of clinical experience encompassing management, education and care. Within the last decade she has broadened her focus to encompass applied clinical research with a particular focus on Alzheimer's disease prevention. Kathryn is co-founder of the KaRa Institute of Neurological Disease (KaRa Minds).

Kathryn will bring us up to date with recent developments in prevention and treatment of Alzheimers disease.

Calendar of events

May	30	Kathryn Goozee: Researching Alzheimers disease
June	6	
	13	No meeting (Queen's birthday)
	20	
	27	Club changeover
July	4	
	11	
	18	
	25	
August	1	
	8	
	15	
	22	
	29	
September	5	
	12	
	19	
	26	

Club officers and committee chairmen 2015-16

Board of directors

President	Graham Timms
Vice President	John Aitken
Immediate Past President	Tony McClelland
President Elect	Michael Midlam
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Tony McClelland
Director - Public Relations	Roger Desmarchelier
Director - Club Administration	Michael Midlam
Director - Service Projects	John Aitken
Director - Rotary Foundation	Peter Tang

Service committee chairmen

Administration (Club Service)	Michael Midlam
Vocational Service	Lindsay Forrest
Community Service	Roger Desmarchelier
International Service	Georgina Manning
Youth Service	Linda Lam-Rohlfs
Social events	Joy Newling
Bobbin Head Cycle Classic	Tony McClelland
Sergeant-at-Arms	Malcolm Braid
Assistant Secretary	Lindsay Forrest
Assistant Treasurer	Chris Lewis

Club committees 2015-16

Administration: Michael Midlam, Geoff Hungerford, Rob Hall (Program), Bob Ivey (Web and social media), Graham Maslen, Michael Tyler (Koongga)

Bobbin Head Cycle Classic: Tony McClelland, John Aitken, Ross Egan, Bob Elsworth, Peter Kipps, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Community: Roger Desmarchelier, Gary Dawson, Ross Egan (Daffodil Day), Chris Hoch (Red Shield), Nick Kenyon, Ted Price

International: Georgina Manning, Roger Desmarchelier, Emyr Evans, Dilys Geddes, Rob Hall, Graham Maslen, Greg Newling

Membership: Tony McClelland, Ken Sackville

Public Relations: Roger Desmarchelier, Linda Lam-Rohlfs, Georgina Manning,

Rotary Foundation: Peter Tang, Lindsay Forrest, Chris Hoch, Greg Newling

Social Events: Joy Newling, Ross Egan, Dilys Geddes, Georgina Manning,

Vocational: Lindsay Forrest, Lou Coenen, David Forsythe, Peter Kipps, Michael Tyler

Youth: Linda Lam-Rohlfs, Anil Fulwaria, Gary Keating, Chris Lewis, Matt Mahjoub, Joy Newling, Don Riddell