



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959



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Rotary monthly theme: Disease prevention & treatment

This week: Annual General Meeting

YOUR CLUB



Roll up! Roll up! Your club needs you to get involved in its management. Because who will run the club if you don't? You have talent, you have ideas and you deserve the opportunity to demonstrate your leadership ability.

Don't be shy; everyone needs to take a turn at running the club and holding one of the official roles is the ultimate way to really know how Rotary operates and everything that it undertakes.

Full training provided for every role.

AGENDA

Attendance and Apologies

Confirmation of Minutes of Annual General Meeting of 1st December, 2014.

Reception of 2014/2015 Board of Director's Reports

Adoption of Financial Report for 2014/2015.

Vote of thanks to the Auditor

Appointment of Auditor for 2015/2016

Election of Directors for 2016/2017

- President Elect (President 2017/2018)
- Vice President
- Secretary
- Treasurer
- Two other Directors

General Business

Close

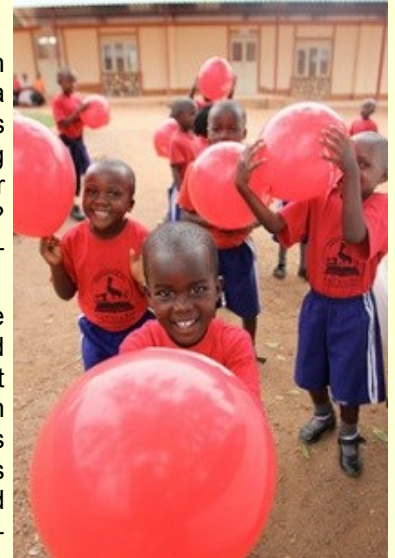
Annabelle Chauncy: School For Life Foundation

How many children are there in Katuuso Primary School? What developments occurred in the school this year? How long will the students be on holiday and how will they spend the time? What next for the school's

graduates?

What progress has been made in construction of a second school? How is the vocational training going? Is the solar power system functioning well? Are the sewn items selling well?

For the answers to these and other questions and for an up to date account of what the Foundation has achieved and is planning, don't miss this opportunity to meet and hear from founding director Annabelle Chauncy.



Last meeting's notices

President Graham:

- Called for nominations for positions on the board in 2016/17;
- Encouraged members to book for the District Conference, to be held in Canberra on 11 & 12 March 2016; and
- Invited members to attend the board meeting before the club meeting on 7 December.

Joy Newling urged members to book and pay for the club's Christmas party.

Michael Midlam said that nominations had been received for most board positions for 2016/17, but a President-Elect (President 2017/18) was still needed.

Linda Lam-Rohlfs called for and obtained volunteers to assist with Rotary Youth Driver Awareness in December. Thanks Michael Midlam, Lindsay Forrest and Rob Hall.

Carols in the Park

The annual Carols in the Park is being held on Saturday 12 December at Ku-ring-gai Bicentennial Park, West Pymble. The venue opens at 6pm and the main stage

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The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au 'Be a gift to the world' is the Rotary International President's theme for 2015-16



program runs 7 - 9pm. All are welcome.

Our club has assisted the organisers over the past 5 years in setting up the tables at the entrance to the site and selling the carols bags as attendees come onto the site. Last year our club organised the publication and printing of 1,000 of the carols booklet, which is inserted into the carols bags. We will do the same again this year.

We need about 6 club volunteers to assist in the night. Those volunteers will be required from 5.30 pm until the program commences at 7pm. Then you are free to join the 4 – 5,000 attendees and enjoy the Christmas entertainment. Bring your family, bring a rug, chairs, drinks and dinner. It is always a great family night.

Please contact me if you can assist.

Roger Desmarchelier

Christmas victuals

Place your orders now with Ted Price for Rotary Christmas cakes and puddings - all excellent value, with \$2.20 from each steamed pudding/cake sale going to our club's project account and \$2 going to the Rotary Foundation (half those sums in the case of baked puddings).

Buy something for each of your family, friends, staff, clients, customers - or place it under the 'Tree Of Joy' outside Price's Pharmacy in West Pymble for distribution to needy people by Lifeline.

TRADITIONAL RUM AND BRANDY FRUIT CAKE
\$ 16.50 Each

1 KG TRADITIONAL STEAMED PUDDING
\$ 16.50 Each

TRADITIONAL BAKED PUDDINGS
\$ 7.00 Each

Polio news

In November, we reached three years without a case of wild poliovirus type 3 (WPV3), an important sign that the genetic diversity of the disease is shrinking. But sound-

ing a note of caution, the Emergency Committee of the International Health Recommendations met for the seventh time, extending the temporary recommendations to address the risk of the international spread of wild polio and expanding these to include circulating vaccine derived polioviruses.

Earlier in the month, the Independent Monitoring Board reported on both the recent successes and the final challenges that stand in the way of finishing polio for good.

And wrapping up this month, leaders from Commonwealth countries gathered in Malta to announce new commitments that will help to drive us forward towards a polio-free world.

Read more at <http://us2.campaign-archive2.com/?u=1519be1cd815ed6195660c2c8&id=9a70443b66&e=6f871e47e6>

Get involved - learn more about Rotary!

At a recent Rotary Institute in Nelson, RI Director Elect Noel Trevaskis stated that the majority of those who leave Rotary comment that "we know no more about Rotary than when we joined". This lack of knowledge about Rotary means that they did not know how, or have the confidence to become engaged. Yet there are in place some ready tools and opportunities that any club can make known and available to their members.

See more at: <http://rotarydistrict9685.org.au/stories/rotary-on-the-move-25/#sthash.Ch3fkkfJ.dpuf>

What on earth is WASRAG?

The Water & Sanitation Rotarian Action Group (WASRAG) was formed in 2007 by a group of Rotarians,



recognized by Rotary International, and focused on water, sanitation and health projects. Since then it has facilitated many hundreds of projects – helping clubs find partners, ensuring sustainability, stressing the importance of a needs-driven approach, and developing best practices.

WASRAG encourages a holistic, integrated approach in which water is not the end in itself, but is rather the means to a better life and livelihood in the community. Most importantly WASRAG links water and sanitation to improved hygiene, better health, and empowerment of the community – especially women, irrigation and agriculture, education and literacy and, ultimately, child mortality.

Read more at: <http://www.wasrag.org/>

District 9685 Conference

Why should you accompany President Graham and President Elect Michael and their wives to the District Conference in Canberra on 11 & 12 March next year?

Well, because it will be a great weekend away in the company of friends, you'll get to meet District officials and Rotarians from other clubs and hear what they're doing, you'll hear some great speakers and inspiring

stories, you'll learn lots more about Rotary and - surprise, surprise - it will be fun!

So who's on the list of guest speakers? Here's a summary:

- Robert Pennicott - founder of Bruny Island Cruises, the Tasmanian Coast Conservation Foundation and the Pennicott Foundation for nature conservation projects.
- Dr Tim Sharp (aka Dr Happy) - a leader in the field of positive psychology and happiness, a renowned executive coach and founder of 'The Happiness Institute'.
- Simon Kent-Jones - head of private client research at Ord Minnett.
- Gemma Sissia - founder of the outstandingly successful School of St Jude, Tanzania.
- Prof Greg Nelson - developer of a field triage process for heart attacks and the regional heart attack centre at Royal North Shore Hospital.
- Dr Sam Prince - entrepreneur, medical doctor and philanthropist, founder of the fast growing Zambrero 'fresh Mex' grill franchise, intent on advancing education and eradicating disease worldwide.

university to the workforce, from one job to another or from one career to another.

An essential factor in helping people succeed in whatever they are trying to achieve is to assist them to identify their core values - the things that will not change when they are put under pressure. Greg spoke about a person's hierarchy of beliefs, being:

- Global beliefs
- Identity beliefs
- Vehicle beliefs
- Values
- Rules through which values are viewed

To illustrate his point, Greg contrasted the Fijian rugby team preparation in 2007 and 2011. In the earlier year there were few rules about personal behaviour. The players were expected to do their best for their country, but were treated as individuals with their own values, based on community values. They were highly engaged and performed well as a team at the World Cup.

By 2011 Fiji was under military government and there were myriad rules to be complied with. The players (many contracted to foreign clubs) felt they were treated like children. Lacking identity with the team, they performed poorly, being thrashed 76-0 by Wales.

(Greg commented that the current Wallabies team had experienced an approach comparable to that of the 2007 Fijian coaches, resulting in the Wallabies reaching this year's World Cup final.)

The importance of a person's values is emphasised by the work of Dr John Demartini, helping individuals to focus on important, valuable things. People won't do anything that is not important to them. Resilience is based upon what's important.

Greg criticised managers of sports people, who keep their clients 'infantile' - encouraging them to focus exclusively on their sporting skills and leaving everything else to their managers. When their clients' sports careers ends, the managers move on, leaving the sports people unable to fend for themselves.

When identifying a person's values, if the subject does not demonstrate a claimed value within 24 hours, it's not a true value.

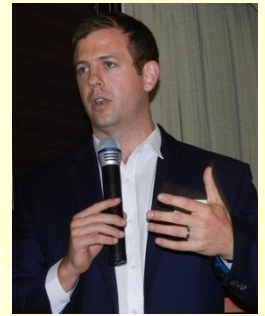
Greg contrasted the values of a worker who simply wants a wage, a manager who sees his role as providing for his family and a senior executive who works to a long term time frame based on values. Quoting Winston Churchill, he said "The empires of the future are first empires of the mind".

Next week: Club Christmas party

It's party time! At the home of the Tylers next Monday, 14 December, at the usual time: 6.30 for 7 pm. Catering by The Parents' Café, Fairfield High School. BYO drinks.

Cost: \$30 per person (please pay direct to the club's general account).

If you can, please assist setting up tables and chairs, etc from 3 pm.



Last week: Greg Mumm: The value in knowing your values

18 years ago Greg Mumm captained his high school rugby team and was looking forward to a career as a professional rugby player. But while training with the Australian under-19 team his knee collapsed and, despite 6 operations, he was prevented from playing again.

Following a period of despondency, Greg became a rugby coach, working variously in development of the game in regional New South Wales, at schools and universities, at the Waratahs and with the Fijian national team for the 2007 and 2011 World Cups.

These days Greg coaches all sorts of people, not just sportspeople. A key part of what he does is to help people going through transitions - whether from school or

Calendar of events

December	12	(Saturday) Carols in the Park
	14	Club Christmas party <i>chez</i> Tyler
	21	No meeting
	28	No meeting
January	4	No meeting
	11	
	18	
	19	(Tuesday) Book club meeting
	25	
February	1	
	8	
	15	
	22	
	29	Pride of Workmanship Awards
March	7	
	14	
	20	(Sunday) Bobbin Head Cycle Classic
	27	

Club officers and committee chairmen 2015-16

Board of directors

President	Graham Timms
Vice President	John Aitken
Immediate Past President	Tony McClelland
President Elect	Michael Midlam
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Tony McClelland
Director - Public Relations	Roger Desmarchelier
Director - Club Administration	Michael Midlam
Director - Service Projects	John Aitken
Director - Rotary Foundation	Peter Tang

Service committee chairmen

Administration (Club Service)	Michael Midlam
Vocational Service	Lindsay Forrest
Community Service	Roger Desmarchelier
International Service	Georgina Manning
Youth Service	Linda Lam-Rohlfs
Social events	Joy Newling
Bobbin Head Cycle Classic	Tony McClelland
Sergeant-at-Arms	Malcolm Braid
Assistant Secretary	Lindsay Forrest
Assistant Treasurer	Chris Lewis

Club committees 2015-16

Administration: **Michael Midlam**, Geoff Hungerford, Rob Hall (Program), Bob Ivey (Web and social media), Graham Maslen, Michael Tyler (Koongga)

Bobbin Head Cycle Classic: **Tony McClelland**, John Aitken, Ross Egan, Bob Elsworth, Peter Kipps, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Community: **Roger Desmarchelier**, Gary Dawson, Ross Egan (Daffodil Day), Greg Goodman (Bowelscan), Chris Hoch (Red Shield), Nick Kenyon, Ted Price

International: **Georgina Manning**, Roger Desmarchelier, Emyr Evans, Dilys Geddes, Rob Hall, Loïc Lacombe, Graham Maslen, Greg Newling

Membership: **Tony McClelland**, Caroline Jones, Ken Sackville

Public Relations: **Roger Desmarchelier**, Linda Lam-Rohlfs, Georgina Manning,

Rotary Foundation: **Peter Tang**, Lindsay Forrest, Chris Hoch, Greg Newling

Social Events: **Joy Newling**, Ross Egan, Dilys Geddes, Georgina Manning,

Vocational: **Lindsay Forrest**, Lou Coenen, David Forsythe, Peter Kipps, Michael Tyler

Youth: **Linda Lam-Rohlfs**, Joyce Enos, Stan Glaser, Gary Keating, Chris Lewis, Joy Newling, Don Riddell