



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959

Volume 57 No. 43 15 June 2015

Rotary monthly theme: Rotary fellowships

This week: Lindsay Forrest & Stan Glaser: '10 on me'

'10 on me' is an opportunity for new members to tell us about themselves, their background, families, work and other experiences or for other members to update us on something in their professional or personal lives.



Lindsay has been a member of our club for almost a year, but this is his first opportunity to tell us about himself and his career in consumer health products. Stan is a freshly minted Rotarian and will no doubt have an interesting story to tell about his work in applied psychology.

Last week's guests & announcements

President Tony:

- Welcomed our guest speaker, James O'Keefe;
- Reminded members of the meeting on 3 June to discuss potential new charity beneficiaries of the Bobbin Head Cycle Classic ('BHCC');
- Thanked Roger Desmarchelier for taking on the role of Prizes Manager for the BHCC;
- Announced that the club's board of directors had resolved to appoint an Assistant Treasurer and an Assistant Secretary as understudies for the Treasurer and Secretary;
- Thanked Lindsay Forrest for volunteering for one of the new positions; and
- Announced that Greg Newling would be master of ceremonies at the club's changeover.

Joy Newling:

- Announced that Blue Illusion, St Ives is holding another fashion show on Thursday, 18 June, with 15% of all sales being donated to Clarke Road School. See the advertisement later in this edition of Koongga. (Blokes needn't go, but should tell their better halves. In Joy's words "These nights are always fun, so why not come and join in, add to your wardrobe, and raise funds for

Clarke Road School at the same time?");

- Reminded members to book and pay for the club's changeover dinner, which will be held at Avondale Golf Club on Monday, 29 June.

Graham Timms thanked those Rotary Foundation Centurions who have renewed their membership and reiterated his call for others to renew their membership or become Centurions before 30 June, in order for their contributions to be tax deductible in the current financial year.

Bob Ivey gave a brief demonstration of the new volunteer registration and management system on the BHCC website.

Chris Hoch thanked Michael Midlam, Kerrie Midlam, Georgina Manning, Ross Egan, Gary Dawson, Joyce Enos, Bob Ivey, Emyr Evans and Jack McCartney for helping him as team leaders of students from Pymble Ladies College collecting for the Red Shield Appeal.

Teams from our club and the Rotary Club of Turramurra, assisted by students from PLC, Knox Grammar and Turramurra High School raised \$31,027.61 for the appeal.

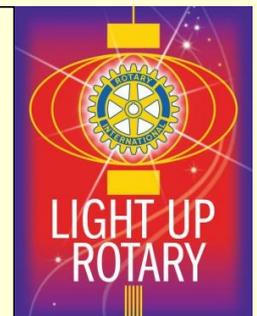
Clarke Road School website



Have you looked at Clarke Road School's new website? It has great information on the school and also access to its newsletters. The latest newsletter from 29 May has wonderful pictures and a report of their athletics carnival held at Barker College. Some Year 11 students from Barker visit Clarke Road regularly and are building great relationships with the students at Clarke Road School. Visit www.clarkeroadschool.com.au

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The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au

Rotary International
Theme 2014-2015

Lifeline Book Fair needs your help

The Lifeline Book Fair will be held at Knox Grammar School from Thursday, 9 to Sunday 12 July. Once again our club has been asked to help with set up and take down. Volunteers are needed:

- On Friday, 3 July to unload trestles;
- On Saturday, 4 July to load and unload books; and
- On Sunday, 12 July to load trestles and books.

Contact Geoff Hungerford if you can assist.

School for Life Foundation news

It's been another busy month at Katuuso and Bujuuko, with lots of progress to report. Our pre-primary students are learning about animals and made zebras as part of their studies.



Not long until construction of our newest building at Katuuso is complete!

Over the break, the teachers had a workshop on active learning. Who know learning could be so much fun?!



Our inspirational cleaner turned pre-school class helper, Winnie, withdrew 860,000 UGX (\$370) from her SFL savings account. She has been putting aside a portion

of her wages for almost a year and has finally saved enough to buy a water storage tank for her house. We are so proud of her.

Katuuso teacher Annette (in red on the right) has been selected to undergo professional development. She has been an integral part of Katuuso for the last four years, and now has the opportunity to begin a Diploma of Education in Kampala.



Funding for Australian Rotary Health

You will have recently received an email from Joy Gillett CEO Australian Rotary Health regarding an appeal for funds to support the work of Australian Rotary Health's work with mental health research with a particular emphasis on young people and prevention. ARH is the leading non-government organisation promoting research in this vital area.

We should not overlook however the pioneering work being undertaken by ARH with post-traumatic stress syndrome of service personnel returning from overseas deployment and the impact on their families. Nor should we overlook the Indigenous Scholarship program or all the wonderful PhD Funding Partner Scholarships initiated by clubs and individuals.

District 9685 in past years has been the leading District in donating to ARH. On current projections however our District is facing a shortfall in excess of \$100,000 on last year. Left unaddressed this will impact heavily on the vital work of ARH.

I am writing to seek your support to address this situation.

All donations no matter how small will help and be gratefully appreciated.

Remember:

- Donations in excess of \$2 are tax deductible
- 100% of all donations goes to support research and ARH programs
- Funding is solely for research in Australia

A gift of making a person a "Friend of Australian Rotary Health" is only \$100 and is an ideal way to recognise a Rotarian or supporter of your Club at your Changeover. Most importantly it is so easy for a Club or a Rotarian to make a donation to ARH. Simply go to the website, www.australianrotaryhealth.org.au press the "Donate" tab and follow the prompts.

Thank you for your support.

Regards

Graeme Davies

Rotary Club of Kincumber
Governor D9685, 2013-14

Director Australian Rotary Health



Last week: James O'Keefe: Managing the safety of Sydney's dams



James O'Keefe is a Dam Safety Engineer at WaterNSW, which looks after 21 dams in the Sydney area which hold Sydney's drinking water.

James began his talk by mentioning that dams have been constructed for over 5,000 years and range from farm dams and mine tailings dams to major water storage facilities.

He took us on an illustrated tour of the many different types of dams used in New South Wales:

- Warragamba Dam, which is triangular in shape (which keeps it in place), took 12 years to build and is now over 50 years old. It has 5km of tunnels inside it. He recommended the visitor centre which, amongst other things, holds beautiful hand drawn plans.
- Tallowa Dam, which was built in 1976 and incorporates a lift to assist fish to continue their natural seasonal migration. James mentioned the inevitable affect of dams on the environment, beginning with interruption of the natural flow of the stream.
- Cataract Dam, built in 1907, which is a 'cyclopean masonry dam' made of huge stone blocks cut elsewhere and transported to the site for installation.
- Medlow Dam, built about 100 years ago, which is one of the thinnest in the world. It's an arch dam, which uses less construction material and is therefore cheaper to build.
- Avon Dam, a buttress dam, the original concrete arch of which was reinforced in 1970 with extra rock and sediment.
- Prospect Dam, built in 1882, which is an embankment dam and is connected to a water filtration plant.



James described Warragamba Dam's gated spillway, to which an auxiliary spillway on the side of the dam was added later, and the dissipation pool at the bottom of the dam to absorb the energy of the water flow. He contrasted it with Cataract Dam's spillway with by-pass overflow and Woronora Dam's saw-toothed spillway, which increases the crest length 3-5 times and provides more storage capacity.

Next James talked about his work monitoring dams, beginning with monitoring the seepage of water through concrete (which is porous) to ensure that it does not exceed the design rate. Engineers also measure uplift pressure on dams, caused by water trying to get underneath. Post tension anchors are used to hold dams to the bedrock.

An important part of James' work is monitoring the movement of dams, using very precise survey instruments. 0.5mm is a lot of movement in a dam. If excessive movement is detected, it's referred to the dam safety committee, which may engage consultants to determine the causes of the movement and recommend solutions. Needless to say, each dam has an emergency procedure, worked out with organisations such as the State Emergency Service.

IGA help for school students

A random act of generosity by IGA Crows Nest to the Rotary Club of Crows Nest has been paid forward to help students from struggling families at Naremburn School.

Immediate Past President and current Club Secretary, Bruce de Graaf was picking up drinks and napkins from IGA Crows Nest for the club's regular barbecue when the manager offered him \$2,000 from the IGA Community Chest program.

In turn, one hundred \$20 food vouchers were then donated to Naremburn School. Naremburn School principal, Cassandra Mitchell said the vouchers would mean the world to her students. It's a fine example of business and Rotary working together for the benefit of others.

Letter to the editor

Michael, Tony

Congratulations to all concerned on another record year for BHCC.

A fantastic team effort and result.

Your learning points are instructive.

Doug Miller

Past President Manly Sunrise Rotary Club
Manly Scenic Fun Run (and Walk!) Director

Next week: Emma Adarrio and Suzannah Cowley: The magic of Roseville Cinema.

Do you know when Roseville Theatre was built and what the original purpose of the building was? When did it become a cinema and what was

its original name? Was it always decorated in art deco style? How long has it been operated by its present owners?

If you are a film buff or simply interested in local history, you're bound to learn something intriguing from this talk by Emma and Suzannah, who are respectively a director and marketing consultant at the cinema. Don't miss this opportunity to discover more about one of the north shore's better known cultural institutions.



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Calendar of events

June	22	Emma Adarrio and Suzannah Cowley: The magic of Roseville Cinema
	29	Club changeover
July	6	Mahiar Mahjoub: The International Genetically Engineered Machine ('iGEM')

Club officers and committee chairmen 2014-15

Board of directors

President	Tony McClelland
Vice President	John Aitken
President Elect	Graham Timms
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Greg Newling
Director - Public Relations	Michael Midlam
Director - Club Administration	Joy Newling
Director - Service Projects	John Aitken
Director - Rotary Foundation	Graham Timms

Service committee chairmen

Club Service	Joy Newling
Vocational Service	Michael Midlam
Community Service	Ross Lambert
International Service	Roger Desmarchelier
Youth Service	[Vacant]
Bobbin Head Cycle Classic	Bob Elsworth
Sergeant-at-Arms	Malcolm Braid

Club committees 2014-15

Administration: Joy Newling, Geoff Hungerford, Rob Hall, Graham Maslen, Michael Tyler (Koongga)

Bobbin Head Cycle Classic: Bob Elsworth, Graham Timms, Tony McClelland, Ross Egan, John Aitken, Michael Midlam, Emyr Evans, Dilys Geddes, Geoff Hungerford, Jack McCartney, Linda Lam-Rolfs

Club History: Malcolm Braid, Tom Jackson

Community: Ross Lambert, Michael Midlam (Bowel scan), Lou Coenen, Linda Lam-Rolfs, Gary Dawson, Roger Desmarchelier, Chris Hoch (Red Shield), Caroline Jones, Nick Kenyon, Loïc Lacombe, Ross Egan (Daffodil Day)

International: Roger Desmarchelier, Graham Maslen, David Forsythe, Peter Tang, Georgina Manning, Lindsay Forest, Loïc Lacombe, Emyr Evans, John Aitken

Membership: Greg Newling

Public Relations: Michael Midlam

Rotary Foundation: Graham Timms, Peter Tang

Vocational: Michael Midlam

Youth: Joy Newling (acting), Bob Ivey, Malcolm Braid, Tom Jackson, Ted Price, Joyce Enos, Greg Goodman, Linda Lam-Rolfs, Jack McCartney