



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959

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Rotary monthly theme: August: Membership & extensions

This week

Paul Adan The glory that is chocolate



Paul Adan is the owner of Du Plessy Praline & Otello Chocolates Patisserie in West Pymble Shopping Centre. It's a family business that has been producing handcrafted chocolates for over 50 years, selling them in its shop and supplying them to restaurants and clubs. In this talk, Paul will describe the process of making fine chocolates and talk about the history of the business and the challenges it faces in a world of mass production. If we are lucky, there may even be some samples to try!

Last week's guests & announcements

President Tony:

- Welcomed Don Riddell, Ken Sackville and Judy Timms;
- Congratulated:
 - Peter Tang on fundraising for the *Cancer Council* by running in the *City to Surf* and walking the *Camino Francés* from France to Spain; and
 - Members for contributing to Peter's cause at <http://nsw.cancercouncilfundraising.org.au/petertang>.
- Announced that the club's Christmas Party would again be held *chez* Tyler;
- Urged members to invite people (particularly women) to Lucy Hobgood-Brown's talk on Women in Rotary on 15 September; and
- Mentioned a proposal to raffle a car to raise funds for the proposed women's refuge in Hornsby.

Lou Coenen made a presentation to Ross Lambert as thanks for speaking to Lou's students.

Bob Ivey drew members' attention to the Club Calendar on the club's website (*already part of your weekly reading in Koongga – Ed.*)

Bob Elsworth:

- Introduced the members to *Smartsheet*, which he will use to share information about the Bobbin Head Cycle Classic;
- Drew attention to the modified BHCC logo; and
- Called for a volunteer to take on the role of 'Promotion and Public Relations' for the BHCC. The position must be filled as soon as possible.

ShelterBox Australia



From the Shelterbox Australia monthly newsletter:

With so much turmoil in the world, it's easy to forget just how lucky we are to live in a country where most of us don't have to worry about having adequate shelter from the elements, provision of clean water and safety from persecution & conflict. Sometimes the news is so overwhelming that we switch off, despairing that there is nothing we can do to help. But there is always something we can do.

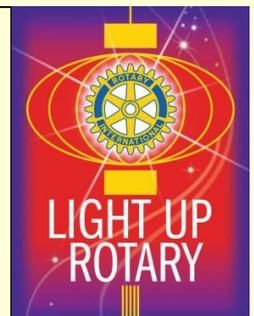
There are many ways to help ShelterBox help others. By giving your time, donating money or by simply sharing our postings on FaceBook or Twitter you can help us provide shelter, warmth & dignity to families that have lost everything. Before you read about what we have been doing this past month, here are some suggestions of ways you can help us and become part of the solution:

1. Become a ShelterBox Ambassador - our volunteers are the public face of ShelterBox Australia, giving talks to Rotary clubs, schools and community groups, garnering public support and raising funds and awareness. You'll be provided with resources and support and will become a member of a global team, working towards one



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The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au

Rotary International
Theme 2014-2015

end. You can apply here: <http://www.shelterboxaustralia.com.au/involved.php>

2. Find a venue for one of our collection boxes (see the 'Coin Co' article in the fundraising section below). It won't cost you any money and no further action is required. Small change can lead to real change.
3. Set up a monthly direct debit. Monthly giving helps us budget for those 'lean' spells between major disasters. A donation of just \$20 a month can make a real difference. You can set one up here: <https://app.etapestry.com/bbphosted/ShelterBoxAustralia/OnlineDonation.html>
4. **'Like'** our Facebook page and follow us on Twitter ... By sharing our news with your friends and networks you are helping to raise awareness. Click on the links below.
5. Organise a fundraising event ... It could be a **Socks 4 Syria** day at your school or workplace, a coffee morning or garage sale. Maybe a sponsored run/swim/ride/ parachute jump! We can supply resources and support; just contact me at the email address below.
6. If you're a Rotary club member, please consider becoming a ShelterBox Club Ambassador within your club. Only one ambassador is required per club. All we need is an email address and all we ask is that you receive this newsletter and stand up once a month at your meetings to tell your club what we are doing around the world.



Shelterbox in the Philippines

This month's quote comes from Anne Frank. *"No one has ever become poor by giving."*

Please feel free to contact me if you have any queries.

Many thanks for your support

Mike Greenslade
General Manager
ShelterBox Australia

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Community service proposals

The Community Service committee proposed the following for 2014-15. The club's board has approved further investigation of/action in relation to all proposed projects, except a fireworks display proposal.



Rotary Hat Day - Friday 10 October

Rotary Hat Day each year sets out to raise money for Australian Ro-

tary Health and the extraordinary work it performs each year. As in previous years we will encourage members to wear their most outrageous hat and also contribute \$5 for the privilege. For those who opt out of wearing an outrageous hat (or indeed if it is considered not be sufficiently outrageous) then a contribution of \$10 would be more appropriate. So we will have our own Rotary Hat Day on 13 October.

Women's Refuge

I understand that the club's main focus is, and should be, the Bobbin Head Cycle Classic. However I agree with Tony that the Women's Refuge is something we need to get behind with all our support and promote the cause to other service organisations to ensure that the refuge becomes a reality in the not too distant future.

Carols in the Park - Bicentennial Park – Saturday 14 December

I have had a meeting with the organising committee of the 'Carols in the Park'. I have put to them a proposal that we do the following:

We publish a forty page 'Carol Book'.



The book will comprise 20 pages of carols and 20 pages of advertising. The advertising will be sold for \$2,000 per page (\$1200 for half a page and \$650 for a ¼ of a page). The publication will raise \$40,000 gross. The cost of production is around \$5,000, so the net will be \$35,000. Last year there were around 900 carol bags sold for a gold coin donation, despite the estimated 3,500 – 4,000 who attended. I have suggested that the bags increase to \$5 and include a carol book. Extra books will be sold for \$2.

I would like to double the number of Rotarians who attend the carols for the primary purpose of selling the choir books. I have also suggested that we print 1500 carol books.

We have not as yet negotiated any sort of split in terms of funds raised. If the combined churches want to split the money from the sale and the advertising from the carols books, then I will want them to contribute to the selling of the advertising.

I am producing a similar publication for Carols by the Sea – Avalon Beach 20 December 2014.

Car raffle

I intend organising a car raffle. Again they are running a raffle at Avalon Beach for an A Class Mercedes. The tickets will be sold via an online system which we are building. The tickets will be emailed to purchasers along with a receipt and information about the prizes and so on. It will also build a data base that we can target in years to come. The tickets will be sold from a website, from their Facebook page and the ABSLLC website.



If we were to duplicate the Avalon Beach raffle we would be selling only 1000 tickets at \$100 each. Cost of the vehicle around \$32000 and other costs of around \$5,000, leaving a net amount of \$63,000. My intention would be to create the same raffle system for our raffle, create a purpose built Facebook page and a page on our club site. The marketing would be around The Women's Refuge, not the raffle or the car.

I would also suggest that we market the raffle to the current Facebook members of the BHCC Facebook page

(obviously this would need approval from the other clubs). Tickets would also be sold on the day. I would also seek support from both Ku-ring-gai and Hornsby Councils.

Neringah Hospital

The kiosk is complete with the exception of the kitchen area. They have a fridge. What is left is some cupboards, bench top, sink, taps, and some tiles. To complete the work I estimate around \$5,000, no more. I suggest that we donate this as a club. I will have it costed in the next week or so.

Ross Lambert
Community Service Committee Chairman

Service budgets 2014 – 15

Later in this edition are the club's provisional service budgets for both expenditure and fundraising, each of which is subject to amendment as the plans of each service committee develop. Please address your comments to the relevant service committee chairmen in the first instance.

School For Life Foundation



My Community, My Responsibility

On July 11th, the whole Katuuso Primary and Vocational School community, students, parents and staff, volunteered to clean up the school compound and Katuuso trading centre.

The day was referred to as "My Community, My Responsibility" Day. Two groups of pupils, teachers, staff, and parents went to 10 homes of elderly and disadvantaged community members in Katuuso and Buzimwa, a nearby village, to slash grass, build tippy taps (locally made hand-washing stations), toilet paper holders and latrine covers. Two groups stayed at the school and within Katuuso trading centre to slash grass, weed and pick up rubbish. The groups all convened at Katuuso trading centre to watch skits prepared by a group of pupils from the school. The overall message was to promote better personal hygiene. Community members were given soap at the end of the event. Head Teacher Janepher developed the idea and aims to have one every year.

Data protection at Lifeline

Last Wednesday, Linda Lam-Rohlf went to Lifeline to meet Wendy Carver and her staff. Linda advised them on privacy protection. As a follow up action, she will also send them a questionnaire for the evaluation of Cloud solution providers, and some suggestions on their privacy statement. Well done, Linda!



Julie Maizey (Operations Manager) and Linda

Last week's speaker



Graham Timms Easter Island

Nobody knows for sure about Easter Island's history. The Easter Islanders numbered at one time – around 1400AD – as many as 20,000 people divided into 12 or 13 tribes or clans. By the time that James Cook visited the island (1768) the population was around 2,000. By the end of the 19th Century there were exactly 107.

So what we think we know is based on oral history, the records of the visitors from about 1722 onwards and archaeology, DNA typing and linguistic analysis.

The golden trap

Easter Island is roughly triangular, about twice the size of Norfolk Island. It has two volcanic crater lakes at the east and west apexes of the island and a larger dormant volcano at the north apex.

Polynesians came to Easter Island in 400AD at the tail end of the first great wave of Polynesian exploration and again in 900AD at the beginning of the second wave. They came and fell into a trap.

Easter Island sits at around 28 degrees south 110 degrees west in the middle of the sub-tropical low pressure zone. The trade winds blow around it in a circular pattern. A trimaran can sail more or less down wind and current to the island but can never sail away.



And the island has other traps. Apart from the two volcanic lakes there is no permanent water. There is no clay suitable for pottery. There are only two beaches on the island; the rest of the coast is high volcanic cliffs. This means that marine life is scarce – fishing is difficult. And at 28 degrees of latitude the island is right on what is called the palm line – the point at which coconut palms and their relatives such as oil palms will grow and fruit. A slight cooling of the climate and the palm line is pushed north and the palm trees will not reproduce.

The Moai

The first island statues have been dated to around 500AD. They were carved in basalt, slightly smaller than human size and appear to have been distinctly Polynesian figures squatting on their heels. They seem to resemble ancient Hawaiian and Marquese statues.



Around 900AD when the second wave of settlers arrived on the island, a dramatic change overtook moai construction. The moai become much larger, they cease to be generic – each one is clearly different in facial features and body shape – and for the first time the moai



are raised on stone platforms and bodies buried beneath them. And the moai are given eyes.

It is generally agreed that from around 900AD the moai came to represent specific clan chiefs and the chief was buried beneath his moai when he died (it was always a 'he' except in one very specific case). The stone platform was the clan meeting place where the leaders came to

consult with the chiefs who had died as represented by their moai. In short, the Easter Islanders had adopted ancestor worship.

The sculptors

It is believed that until the change, until what is known as the Easter Island Second Period, carving the sculptures was the responsibility of each individual clan.

After about 900AD, however, a permanent settlement seems to have been established at the quarry and the statues become stylistically uniform. It is thought that at this time a group of specialist craftspeople were established to carve the moai for all the clans.

Over time what seems to have happened is a kind of statue inflation. Encouraged by the artisans the various clans competed in size and number. No longer were only clan chiefs immortalised but also superior fishermen and farmers. Moai became a kind of performance reward.

By around 1350 or 1400 more than one thousand moai had been erected. There were twelve major platforms and a host of minor platforms conforming to the twelve clans, all with moai looking away from the sea and over the village it was their duty to protect.

At the height of the moai building the island had a population of between 15,000 and 20,000. It is thought that at this number the ecology was unstable and that the island could not have sustained that number for long, however this is based very much on calculations by modern day ecologists. Once again, we don't know.

The Island dies

Around 1400 disaster struck Easter Island as it did many marginal and isolated communities. It was called the Little Ice Age.



Between about 1400AD and 1800AD the global temperature dropped by between two and five degrees centigrade and global rainfall was reduced as water was trapped in permanent ice.

On Easter Island it moved the palm line north so that the key King Palms could only survive in one or two isolated microclimates. Unfortunately a contraction in the growing area of a key food and building source, together with competition for the palm nuts from Polynesian rats led to the palm's rapid extinction.

The extinction of the palm which had provided protection for the under-storey, together with cooler and dryer

conditions led to a dramatic change in the island's soil and vegetation. The island lost its topsoil and became wind swept grassland.

In this environment yams and taro proved difficult to grow except in protected hollows. Without palm logs boats and huts could not be built. Without boats fishing was almost impossible and shelter was hard to find. The islanders quickly ate the wildlife to extinction. They seem to have fought over the chickens and built large stone coops to protect them from raiders from other clans. And they ate the rats. Ultimately they moved into volcanic caves, the remains of lava tubes, and ate each other.

The last act

By about 1800 the population was some 2,000 and life was not easy or pleasant and this led to the next island tragedy.

From the early to mid-nineteenth century the island was visited by slave traders who kidnapped the island men to work in the Chilean nitrate mines. The end result was that the island population collapsed, helped by the introduction of smallpox and measles. In 1867 the island was annexed by Chile and became a penal colony.

At the end of the 19th century the island had a population of 107 and the Chilean government leased it to a Scottish company that introduced sheep and imported shepherds and dry wall makers to build walls all over the island. The lease was surrendered in 1952.



More recently with global warming the palm line has moved south. Rainfall has increased and coconut and oil palms have been introduced from Tahiti and are growing and fruiting (although not abundantly) in some more sheltered locations. In addition the introduction of eucalyptus by the Scottish pastoral company has gone some way to reforesting the island and the dry stone walls have helped in restoring and protecting topsoil. Some limited crop farming is being introduced.

Also the island airport was lengthened and widened by the United States government as an emergency landing strip for the space shuttle and this has permitted the landing of wide bodied jets and a modest growth in tourism

Conclusion

There are no easy conclusions to the lessons of Easter Island. Certainly the interaction of humans, coupled with a changing climate, was catastrophic for the original island biosphere. On the other hand it is reasonably likely that the shift of the palm line in the fifteenth century would have led to the King Palms' extinction and catastrophic changes to the biosphere in any case. The islanders cannot be blamed for that.

In the end the island is a fascinating mystery. It's one place you must see before you die.

Graham Timms

Community Service Budget 2014 - 2015 Budget \$5,000

Activity	Objectives	\$
Hat Day		\$ -
Carols in The Park	Produce and sell a Carols book and assist churches collect donations for the Carols bag at Bicentennial Park	Self funded
Neringah Hospital	Sink, taps, Cupboards, bench top, tiles and installation to complete The Kiosk	\$ 5,000
Donation to Women's Refuge	I think we should kick the year off with a donation to let them know we are serious	Self funded
Total		\$ 5,000

See separate report from Ross Lambert

International Services Budget 2014 - 2015 Budget \$9,000

Activity	Objectives	\$
School for Life	Rotary Foundation Global Grant	\$ 3,000
ShelterBox	To continue fund raising for ShelterBox	\$ 2,000
ROMAC	To continue financial support	\$ 1,000
Rotarians against Malaria	To continue financial support	\$ 1,000
School of St Jude	To continue financial support	\$ 1,000
Donations in Kind		\$ 1,000
Total		\$ 9,000

Youth Services Budget 2014 - 2015 Budget \$11,000

Local High Schools	Benefit Awards presented to Year 9 students at Killara, Turramurra and Ku-ring-gai Creative Arts High Schools	\$ 210
	Other activities we could support?	\$ 32
Clarke Road School	-	\$ 1,000
Hopping Family donation	-	\$ 200
RYLA	Sponsor 1 young person with leadership potential	\$ 815
Youth Insearch	Assist 4 young people to attend weekend program	\$ 750
Rotaract	Foster closer relationship through Facebook and exchange of newsletters. Encourage joint activities, helping at Clarke Road School BBQ.	\$ -
RYPEN	Sponsor 2 students to Collaroy course in February 2014 (starting in year 10)	\$ 640
RYDA	Volunteers to assist on nominated days	\$ -
MUNA	Sponsor 4 teams - approach PLC, Killara, Turramurra, Ku-ring-gai Creative Arts HS	\$ 500
Eagles RAPS	Support from BHCC participation?	
Camp Breakaway	Sponsor one young carer or sibling and one disabled young person to camp	\$ 1,500
Science programs	No NYSF applicants for 2014 but maybe 2 for 2015. Set aside \$ from this year's budget?	\$ 700
Interact	Keep up contact with Interact Club at PLC. Talk with Caroline re possible joint project, including parents - possible new members?	\$ -

Fighting Chance	Fighting Chance is a youth-led not for profit organisation based in Sydney, which works for and with young people with physical disabilities. A representative spoke at District Conference and I was impressed and would like to support them in some way. Joy & Greg N met with one of the founders, Jordan O'Reilly, and were very impressed with his enthusiasm and vision and his endorsement of RYLA	\$ 1,500
Other Youth Leadership Programs - donations/part sponsorship	Re other local programs for young people, a couple of ideas came out of meeting of Turramurra and ? Local Rotary Clubs and Ku-ring-gai Council representatives e.g. Youth Music Festival, Anti-Poverty Week Event including live music performances, food stalls etc. Need to find out more.	\$ -
Studio Artes		\$ 1,100
Life Education		\$ 150
Operation Hope - to cover complete costs of an Operation Hope camp for 2 children	Program has been revised. This will cover cost of one young person attending	\$ 1,250
TOTAL		\$ 11,347

There are also other youth programs we have supported in the past, e.g. Operation Hope. As you will see, we're not quite to the \$20,000 so we're open to suggestions!! Ideas also came out of Rotary Awareness Night - helping local Scouts and Guides, sponsor event at swimming pool, Dream Cricket

Foundation Budget 2014 - 2015

Activity	Objectives	\$
Polio Plus	Continue Support	\$ 4,000
Paul Harris Fellows	We have committed 2 PH Fellows in the Foundation Strategic Plan	
TOTAL		\$ 4,000

Possible Fund Raising Opportunities for 2014 - 2015

Community

Activity	\$	Funds applied to
Carols in Bicentennial Park *	\$ 15,000	Suggested funds go to Women's Refuge
Car Raffle	\$ 63,000	
Total	\$ 78,000	

Extracted from Ross Lamberts plan

* Note Ross estimated \$40k gross possibly shared with churches

International

Activity	\$	Funds applied to
International night	?	To be decided

Other general fund raising

Activity	\$	Funds applied to
Markets	\$ 15,000	Apply to other projects
Trivia Night	\$ 2,000	
Film night	\$ 1,000	
Daffodil collection	\$ -	Passed on directly to organisation
Bowel Scan collection	\$ -	Passed on directly to organisation
Salvos collection	\$ -	Passed on directly to organisation
Total	\$ 18,000	

Calendar of events

August	18	John Aitken and Linda Lam-Rohlf's - Maritime and digital risks
	25	TBA
September	1	Rob McInnes - Innovation, intellectual property and start-ups
	8	Meeting postponed for one day
	9	(Tuesday) Venue: Pymble Golf Club - District Governor's visit to Upper North Shore clubs
	15	Lucy Hobgood-Brown - Women in Rotary
October	6	Public holiday – no meeting
	13	Rotary Hat Day - joint meeting - Rotary clubs of Ku-ring-gai, St Ives and Turramurra
	20	Club forum
	25	(Saturday) Venue: Warrawee Bowling Club - Trivia Night
December	22	No meeting
	29	No meeting

Club officers and committee chairmen 2014-15

Board of directors

President	Tony McClelland
Vice President	John Aitken
President Elect	Graham Timms
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Greg Newling
Director - Public Relations	Michael Midlam
Director - Club Administration	Joy Newling
Director - Service Projects	John Aitken
Director - Rotary Foundation	Graham Timms

Service committee chairmen

Club Service	Joy Newling
Vocational Service	Michael Midlam
Community Service	Ross Lambert
International Service	Roger Desmarchelier
Youth Service	Greg Goodman
Bobbin Head Cycle Classic	Bob Elsworth
Sergeant-at-Arms	Malcolm Braid

Club committees 2014-15

Bobbin Head Cycle Classic: Bob Elsworth, John Aitken, Ross Egan, Peter Kipps, Tony McClelland, Michael Midlam, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Club Service/Club Administration: Joy Newling, Geoff Hungerford, Graham Maslen, Michael Tyler (Koongga Editor)

Community Service: Ross Lambert, Lou Coenen, Gary Dawson, Roger Desmarchelier, Ross Egan (Daffodil Day), Bob Elsworth, Rob Hall, Chris Hoch (Red Shield Appeal), Geoff Hungerford (Markets) Caroline Jones, Nick Kenyon, Loïc Lacombe, Jack McCartney, Michael Midlam (Bowel Scan), Frank White (Markets)

International Service: Roger Desmarchelier, David Forsythe, Graham Maslen, Greg Newling, Peter Tang

Membership: Greg Newling, Dilys Geddes, Linda Lam-Rohlf's

Public Relations: Michael Midlam

Program: Rob Hall, Ross Egan

Rotary Foundation: Graham Timms

Vocational Service: Michael Midlam

Youth Service: Greg Goodman, Malcolm Braid, Joyce Enos, Emyr Evans, Bob Ivey, Tom Jackson, Linda Lam-Rohlf's, Joy Newling, Ted Price