

Rotary Club Of
Ku-ring-gai Inc
Chartered
6th February 1959

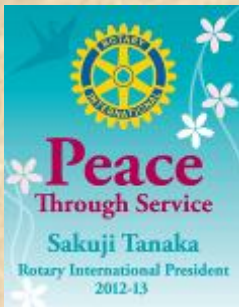
KOONGGA



1213 Volume 55 No. 33

11th March 2013

www.kuringgairotary.org.au The club meets every Monday 6.30pm at West Pymble Bowling Club



In this issue

Door Team Tonight Joy Newling Carolyn Jones

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- Rosters
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- The Lab

Back Pages

- Guest Speakers
- Market Roster
- Door Team
- Happy Days

Meeting Apology

Please use the club web-site **before 3 pm** on meeting day to apologise or add a guest, or you will be required to reimburse the club for your meal cost.

<http://www.kuringgairotary.org.au>

Last Meeting

Karina Barrett, our sponsored RYLA attendee

Restaurant Evening

In the next 4 weeks we are having a Restaurant Evening.

Recommendations for good Restaurants are welcome.

The Haven Project

Vic Deeble Kerry Hodge from Wahroonga

Domestic violence

Vic addressed our club and explained the purpose of Haven which has been created to improved the Refuges in NSW for victims of domestic violence.

The Refuges are in anonymous locations for protection of residents and are in need of renovation and improvement. Their project aims to raise \$10,000.00

Vic Deeble



Tonight

The Lab

Ross Lambert

Ross has been in Hospital and unfortunately I was not advised until this week. I wish you a speedy recovery Ross.

Rotary Awareness Night

Rotary awareness night is April 22

Karina Barrett

Karina was our 2013 representative. She explained the benefits and her time at RYLA



District Conference

Final District Conference as District 9680

15-17 March 2013 at Shoalhaven

Have you thought of going? Why not join us for a weekend of inspiration and fun? Please see Joy or Greg for more details.

BHCC Volunteers

We need **every member, partner and friend to volunteer** for BHCC. Up to 2,000 riders are expected. Michael Tyler and Chris Hoch were first to offer.

For information about the event:

www.bobbinheadcycleclassic.com.au/

John Aitken BHCC

John has taken on a major job and it needs to be said that Jon has become one of the top contributors to BHCC in our Club along with Peter Kipps and Ross Egan.

FIIG BHCC

Karuah Oval

- Site organisation
- Set up
- People requirements
- Raffle
- Site sponsors/other representatives

Actions required for the event

-Week prior to ride

- Hand out letters to neighbours
- Saturday 23/3 – 3pm?
- Assistance required to prepare site including
- Loading truck with items from St Ives Show Ground and cave
- Unloading truck at Karuah Oval
- Pick up tents
- Preparing start sign
- Set up lights
- Setup BBQ
- Peter Mudie will be setting up sound system

-Sunday 24th – 5am

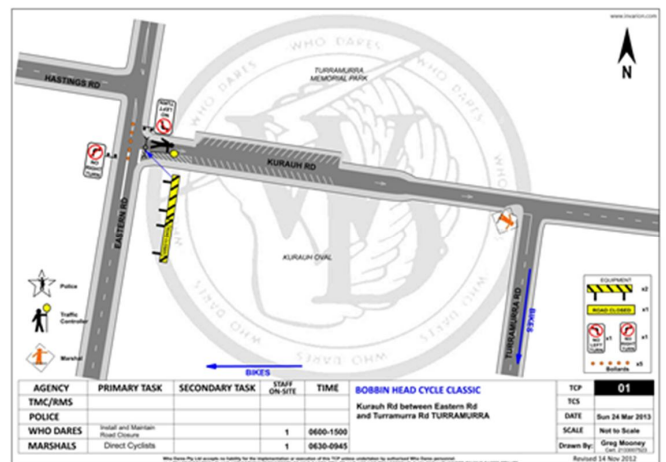
- Assistance is required to prepare site. Some personnel will leave site and go to marshal locations.
- Erect tents – 12 tents (4 people) - Complete by 6 am
- Put up start sign
- Set up late registration desk
- Put out barriers and road cones on Karuah Oval
- Set up start podium
- Set up BBQ
- Position portable toilets
- Prior to start
- PA to commence addressing riders
- After starts
- Prepare finish signs
- Greeters in place to hand out certificates
- Raffle ticket selling

John Aitken BHCC

Who will be represented at Karuah Oval

Sponsors	Beneficiaries
FIIG	Lifeline
Lady Davidson	Bo Hospital
North Turrumurra Real Estate	Administration Tent
Precept	
SES	Other
Blackman	St Johns Ambulance
Men in /action	ShelterBox
Bike Club	Rotary - also for other charities
Meeco	BBQ
Signpac	Jumping Castle etc
Helpful Web	Coffee cart
Ego	Golzeme
St Ives Shopping Village	

The Traffic Management Plan includes a diagram, below of every intersection on the ride



John Aitken Site Plan

Karuah Oval Cycle Site Plan



1. Road closure
2. Cycle route along Eastern Road - Finish
3. VIP parking - 6 spaces
4. Finish Line
5. Start line
6. Rope off road after race start to direct cyclists onto oval
7. Exit from Oval
8. Marshalls to direct finishing cyclists to oval
9. Cycle Route
10. Escort Car Parking Area
11. Cyclist waiting area and sponsors tents
12. Port-a-loos
13. SES

Karuah Oval Cycle Site Plan

Rotary Club of Kuringgai/El Ines/Turramurra
 March 2015
 041 814 4444
outdoor interests
 outdoor interests pty ltd abn 64136173740
 PO Box 1824, Turramurra NSW 2074
 0415127214 www.outdoorinterests.com.au
 landscape.architects



The Lab

Bernice Dahr Executive Officer



Julia de Berg Community Manager



This week Bernice and Julia will be speaking at our meeting, they are both with

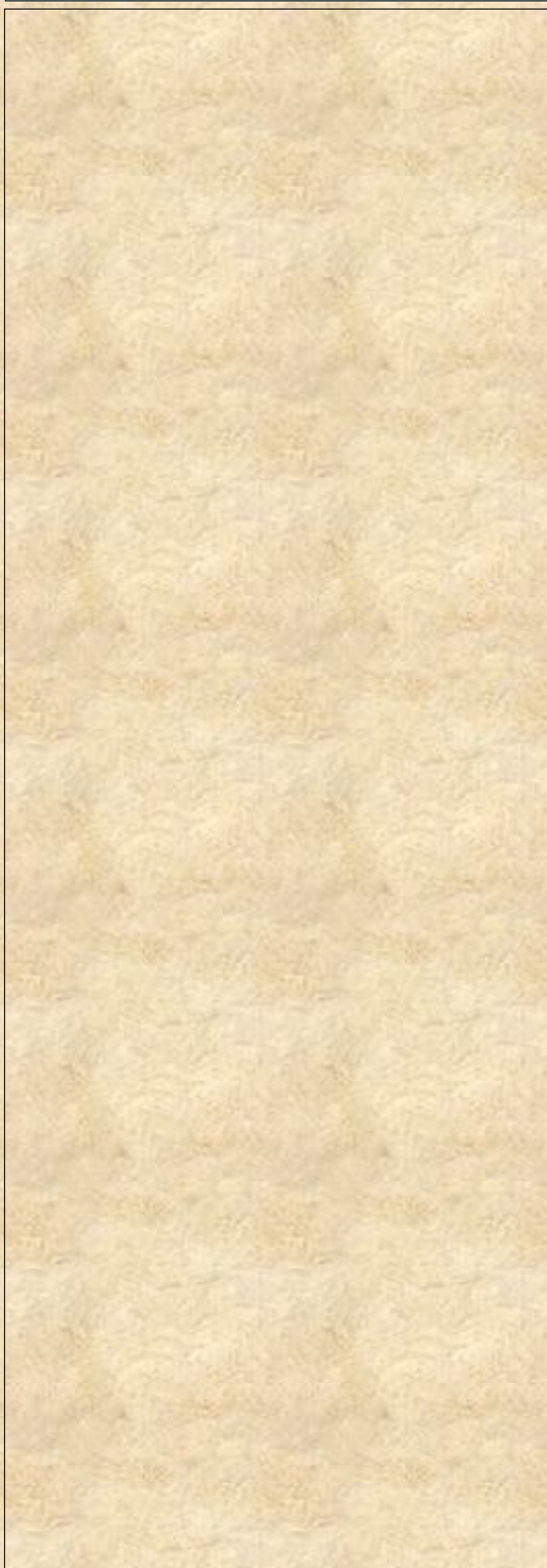
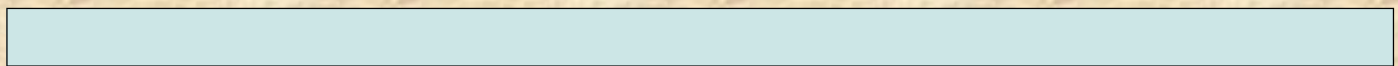
Just Better Care Community Services at Balgowlah. Just Better Care Community Services support people with a wide range of physical, social and intellectual abilities at all stages of life – from childhood right through to old age. They tailor services to work with you to design and deliver support, in ways that exercise your preferences and maintain your independence.

will discuss how there are more than 40 children that they currently can't accept in the program and how Kuring-Gai Rotary can assist.

Bernice and Julia have some forty years experience between them in providing community care to those in need.

In October 2012 Bernice and Julia were instrumental in opening a Sydney version of The Lab, <http://www.thelab.org.au> at Hornsby. The Lab is a program for kids with Asperger's or high functioning Autism developing their skills in games programming, design and animation. Running parallel to the Lab is a parent support group. The Lab Melbourne has had great results in increasing computer skills, self esteem and social skills within this group. If you would like more info or are interested in partnering with us on this project please send me a message.

The purpose of Bernice's and Julia's visit is to share the wonderful benefits that 'The Lab' has provided to these teenagers with special needs and their parents. They will



Meeting Schedule

<u>2012/13</u>	Calendar	
March	11	"The Lab Project". Bernice Dahr and Julia de Burg to present.
	18	Volunteers training evening
	24	Bobbin Head Cycle Classic
	25	
April	1	Easter
	8	BM Speaker Alan Maclean. Australian History
	15	
	22	Club Forum Night
	29	
May	6	BM
	13	
	20	Rotary Awareness Night
	27	
June	1	Trivia Night 1 June
	3	BM
	10	Queens Birthday public holiday
	17	
	24	Changeover Night