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Meeting Apology

Please use the club web-site **before 3 pm** on meeting day to apologise or add a guest, or you will be required to reimburse the club for your meal cost.

<http://www.kuringgairotary.org.au>

Sydney to Gong Leaflets

Today, Roger Desmarchelier, Lou Coenen, Chris Hoch and Tony McClelland went to Wollongong to hand out leaflets to cyclists in the gong ride. Tiger Mason, Ross Warden From Turramurra and Graeme Rivett and his wife from St Ives also attended.

By 12.30 when the first shift finished 6,000 leaflets had been distributed and I expect say 8,000 for the day

Adele Mitchell has done all the work in setting up our new Donation and Registration system and it is up and running to take any registrations from the Gong Riders.

We entered Graham Creed as our # 1 registration this year.

Lou Coenen handing leaflets



Some Corporate tents



Last Week

Carers Night

This Week

Melbourne Cup Night with St Ives Rotary at Avondale

New Email Graham Timms

Please change your address book to

grahamtimms48@gmail.com

RYLA

We will be sponsoring Karina Barrett to RYLA at Vision Valley next January. Karina is studying Civil Engineering at University of Technology, Sydney, and is a Leader of Junior Guides (formerly known as Brownies).

We're looking forward to her meeting members before the end of the year.

Group Study

Nominations are invited for applicants for the 2013 Group Study Tour to Turkey

Age range for applicants is between 25 and 40

From our Emyr Evans

NUMBER ONE MISSIVE FROM EMYR ON HIS TRAVELS

By today, 02x12, I've been on the road for three weeks and during that time I've spent some days in Kota Kinabalu, Sabah, five days in the Maldives and on Monday will start my third week of examining for Trinity College in Colombo Sri Lanka. Apart from five days working in Kandy right in the middle of the country I am here until the end of this month of November. But Trinity College has had problems finding sufficient examiners to cover the work and has been pleading with members to undertake extra work. I offered and was allocated to Goa in India where I've been before. This will result in my not arriving home until just before Christmas.

To return to the itinerary, the Maldives is somewhere that I'd tried to get to when I was in India many years ago but because in my naivety hadn't realised that if you sometimes pop in and out of a country you need to have more than a single entry visa and I hadn't. It's a very expensive place and whilst the currency is anything but \$US dollars it is those dollars that most people trade in – restaurants, hotels and shops. I had a crappy hotel and it was expensive as was the breakfast.

The highlight was being taken to one of the fancy resorts where they would have charged me \$450 a night. This gesture was courtesy of my Maldivian contact who teaches piano to the resort owner's daughter! It's not what you know but who you know!

You may not know that there are something like 1200 islands half of which are inhabited which form the Maldives and of course the only means of getting about is by motor launches. These islands are all what are known as coral cays formed from natural coral.

More later from Sri Lanka!

Emyr 02xi12

NDIS Margaret Meaker Clarke Road

Margaret Meaker



Thank you for inviting us last night, Rotary is certainly impressive at a local, national and international level. It was great to get an insight into what Rotary does. As I said I am simply Lili's Mum and therefore being acknowledged as a "carer" seems strange, however, I applaud the acknowledgement of carers and what they do for those they love. I guess it is love that drives us all, even on the bad and sad days! The dinner was lovely (nice to eat something you haven't cooked yourself) and as Jane said, we are deeply grateful to you for your ongoing support and advocacy for our wonderful school. It is the place where Lili is happiest.

Below is some information on the NDISThis is something we need as many people to register their support of as possible. It really is our children's future. I look forward to seeing you on Presentation Day.

Kind regards,
Margaret Meaker

In Australia, disability support is a lottery. People receive different levels of support depending on how, when and where their disability was acquired. The National Disability Insurance Scheme will revolutionise the way people with a disability, their families and carers are supported in Australia.

Show your support the NDIS by signing up in less than a minute at <http://www.everyaustraliancounts.com.au>

By joining the campaign, you are helping to make sure that the NDIS is locked in for all Australians, for good. You'll be helping make Australia a better place.

Carers Night

Roger Desmarchelier

The person for whom they care may have a physical disability, a learning disability, a mental health difficulty, chronic illness, frailty due to old age or a terminal illness.

Caring is not exclusive to either sex or age; men are almost as likely to care as women. Some carers may care for just a few hours a week; others all day, every day.

Some people have been caring for many years while others may find themselves thrust into a caring situation overnight, as the result of something like a stroke.

Some quick stats on Australia's carers

ABS surveys and other sources have shed some light on carers in Australia. By better understanding characteristics and demographics of our carers, we are better able to provide advocacy and advice to support them

- 2.6 million unpaid carers in Australia [1]
- more than 770,000 carers are primary carers [1]
- 300,000 carers are under the age of 24 [1]
- 150,000 carers are under the age of 18 [1]
- over 1.5 million carers are of working age (18-64) [1]
- 31,600 Indigenous carers are over the age of 15 [2]
- 620,000 carers were born outside Australia [3]
- 366,700 carers were born in non-English speaking countries [3]
- 520,000 carers are over 65 years of age [4]
- estimated annual replacement value of care provided in 2012 is over \$40.9 billion [5]
- it is estimated that carers provided 1.32 billion hours of unpaid care in 2010 with productivity loss estimated at \$6.5 billion [5]
- On average carers spend approximately 40 hours per week providing care. It is estimated that carers of someone with a mental illness spend on average 104 hours per week in the caring role. [6]

Disability

In the 2003 Australian Bureau of Statistics (ABS) Survey of Disability, Ageing and Carers (SDAC) one in five people in Australia (3,958,300 or 20.0%) had a reported disability. This rate was much the same for males (19.8%) and females (20.1%). Disability was defined as any limitation, restriction or impairment, which has lasted, or is likely to last, for at least six months and restricts everyday activities. Examples range from hearing loss which requires the use of a hearing aid, to difficulty dressing due to arthritis, to advanced dementia requiring constant help and supervision.

After removing the effects of different age structures there was little change in the disability rate between 1998 (20.1 %) and 2003 (20.0%). The rate of profound or severe core-activity limitation also showed little change between 1998 (6.4%) and 2003 (6.3%).

Of persons aged 15-64 years with a reported disability living in households, 30% had completed year 12 and 13% had completed a bachelor degree or higher. Of those with no disability the respective proportions were 49% and 20%. The labour force participation rate of

Carers Night

persons with a disability was 53% and the unemployment rate was 8.6%. Corresponding rates for those without a disability were 81% and 5.0%. The median gross personal income per week of persons aged 15-64 years with a reported disability living in households was \$255, compared to \$501 for those without a disability. Median gross personal income per week decreased with increasing severity of disability. It was lowest (\$200 per week) for those with a profound core-activity limitation.

Carers

In 2003, there were 2.6 million carers who provided some assistance to those who needed help because of disability or age. About one fifth of these (19%) were primary carers, that is people who provided the majority of the informal help needed by a person with a disability. Just over half (54%) of all carers were women. Women were also more likely (71 %) to be primary carers. Of those providing care, 1.0 million (39%) were in the 35-54 year age range. This age group's caring responsibilities involved children, partners and/or ageing parents.

Those who provided care to people with a disability were more likely to be older and/or have a disability than those who did not provide care. Twenty-four per cent of primary carers were aged 65 years and over, compared to 13% of the total population. Of those living in households, the disability rates were 40% for primary carers, 35% for all carers and 20% for non-carers.

This year we had two Carers, Jane French and Margaret Meaker who are parents of students at Clarke Road School.

Margaret. The main thing she wanted to say is they she sees herself more as a mother than a carer. She had a normal child but after eight weeks she contracted meningitis, and has changed their lives.

Their daughter has taught them so much, and they beat the odds every time. Their other daughter said Lilly is her best friend. She has been linked to Clarke Road and this has enhanced their lives. She grieves every day for what Lilly could have been, but there are many other pleasing compensations.

Firstly we are mothers and they do what they do for love and gratitude for their children. Things don't change, still with nappies and dribbling noses, but they are up at 6.30 with a cuddle.

The children don't have boundaries and they do things which can be great fun when in public,

Carers Night

Disability

One in five people in Australia (3,958,300 or 20%) had a reported disability in 2003. A further 4,149,000 (21 %) had a long-term health condition that did not restrict their everyday activities. The remaining 11,703,800 (59%) had neither a disability nor a long term health condition.

Of those with a reported disability, 86% (3,387,900) were limited in the core activities of self care, mobility or communication, or restricted in schooling or employment. Most people with a disability (76%) were limited in one or more of these core activities.

Jane French



Margaret Meaker



Carers Night

Presentation

Jane French, Roger, Margaret Meaker and Ross



Meeting Schedule

<u>2012/13</u>	Calendar	
November	5	Melbourne Cup Night with St Ives Rotary at Avondale
	12	BM. Forum
	19	Speaker Bob Ivey
	26	David Rand Rotary Youth Exchange
December	3	BM. AGM
	10	
	17	Christmas Party
	24	Christmas Break
	31	Christmas Break
January	7	Christmas Break
	14	BM. Bowling Night
	21	Club Forum Night
	28	Theatre Night
February	4	BM
	11	Pride of Workmanship (vocational)
	18	
	25	
March	4	BM
	11	Rotary Awareness Night
	18	
	25	
April	1	Easter
	8	BM
	15	
	22	Club Forum Night
	29	
May	6	BM
	13	
	20	Rotary Awareness Night
	27	
June	3	BM (Trivia Night 1 June)
	10	Queens Birthday public holiday
	17	
	24	Changeover Night