



K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959



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Rotary monthly theme: The Rotary Foundation

This week: Greg Mumm: The value in knowing your values

After being ruled out of playing rugby professionally due to knee issues at age 19, Greg Mumm turned his hand to coaching. For the next 13 years he had various roles in schools and junior rugby, as a NSW Development Manager in the bush and coaching Colts and Grade across three Sydney clubs (Parramatta, Norths & Sydney University). He also had two stints with the Waratahs, firstly as an Academy coach between 2006-07, and then with the senior team in 2012. Greg also gained international experience as Assistant Coach of Fiji in the 2007 and 2011 World Cups.



Having left sports coaching Greg in 2012, Greg spent a brief stint in high school teaching, before leaving to follow his vision to help young men and women achieve their dreams by combining life coaching principles with core career development concepts and a special interest in values determination and development.

Greg has completed an undergraduate degree in Arts, and two Masters in Coaching and Education. Passionate about education and sport, he is now involved in two start-up businesses, CareerHQ and The Final Whistle, focusing on career and personal development for young men and women, and assisting athletes with their successful transition to life after sport.

Greg will talk about his experiences in sport and in coaching, and specifically how identifying a person's unique personal values can unlock purpose and leadership even in times of transition or significant change.

Last meeting's guest & notices

President Graham:

- Welcomed Matt Mahjoub;
- Thanked Georgina Manning for hosting the International Night last week;
- Invited nominations for the position of President 2017/18 (President-Elect 2016/17), to be elected at the AGM on 7 December;
- Reported that he had attended a meeting at Ku-ring-gai Council concerning preparation of welcome packs for Syrian refugees, but there is little for our club to do, as there are many organisations involved who have arrangements well under control; he had offered our club's assistance; and
- Requested members to confirm whether or not they would attend the club's Christmas party on 14 December and whether or not with their spouses/partners, as numbers must be provided soon for catering purposes.

Tony McClelland encouraged members to invite to our meetings whomever they meet in whatever circumstances – customers, clients, casual acquaintances (even people in a coffee shop queue) – rather than simply family and friends, and to invite each person frequently until they do attend meetings.

Ted Price:

- Invited orders for Rotary Christmas puddings and cakes (\$16.50 each, of which \$2.20 will go to our club's project account and \$2.00 to the Rotary Foundation); and
- Said that he will be managing the 'Tree of Joy' at West Pymble Shopping Centre and invited donations of non-perishable foods, which will be distributed to needy people before Christmas by Lifeline; in earlier years, 5 trolley loads of food have been collected.



In this issue

- This week: Greg Mumm: The value in knowing your values
- Last meeting's guest & notices • Chulalongkorn Peace Centre celebrates 10th anniversary
- District Fundraising for The Rotary Foundation
- Last meeting: Club business meeting
- Next week: Annual General Meeting
- Next week: Annabelle Chauncy: School For Life Foundation
- Book club: next meeting Tuesday, 19 January
- Calendar of events • Club officers • Club committees

The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au 'Be a gift to the world' is the Rotary International President's theme for 2015-16

Chulalongkorn Peace Centre celebrates 10th anniversary

Bobby Anderson was helping former freedom fighters in Aceh, Indonesia, adjust to life after combat when he heard about the Rotary Peace Center at Chulalongkorn University in Bangkok.

Anderson, who became part of the 2010 class of Rotary Peace Fellows, says the program allowed him to reflect upon the work he had already done and gain a larger perspective beyond day to day practicalities.

"To be able to meet other people that had done similar work in other places and to be exposed [during field study] to the disarmament, demobilization, and reintegration situation in Nepal was fascinating and helped me change how I think about the way I manage my own programs," Anderson says.

Through its six peace centres, Rotary is developing leaders to become catalysts for peace in their communities and around the globe. The Chulalongkorn program offers a professional development certificate to individuals already working in fields related to peace.

Unlike the 15- to 24-month master's degree program, the Chulalongkorn course lasts just three months. Because of the shorter time commitment and emphasis on relevant experience, the program attracts a broader pool of applicants. Chulalongkorn, which celebrates its 10th anniversary this year, has graduated 355 peace fellows from 69 countries.

Its curriculum emphasizes equal parts instruction and learning from peers.

"There are two main aspects of the program," says Jenn Weidman, deputy director of the centre. "One is the academic skills, what you actually learn, the steps of mediation, theory of analysis, etc. The other is the transformation."



"We take professional people and remove them from their role, place them in the same space with diverse people for three months, and then challenge everything they've ever believed or held dear," she says. "You get reflection, and we walk alongside and guide that, asking a lot of questions and creating a safe space for discussion. Some come and leave totally different people."

Professors, from both Thailand and outside the country, are chosen each year for a curriculum that is constantly evolving. Fellows also complete two field studies, one in Thailand and one in a post-conflict setting outside Thailand where they put their training into action.

"It's an incredible opportunity for me as an instructor in the program to be able to interact with people working on the frontlines in Afghanistan, or Kenya or South Sudan, but then also the U.S.," says Craig Zelizer, associate director of conflict resolution at Georgetown University in Washington, D.C., and founder of the Peace and Collaborative Development Network. "The diversity of participants and the change they are already affecting and what they'll do as a result of this program are incredible."

Jennifer Jacobson, a police constable in Canada, attended the centre in 2012. She says the group exercises and interactions with classmates altered her views of her work.

"A lot of it is bonding with other people, because you are together all day long, pretty much seven days a week," she says. "I've taken something from every little piece of the program."

Since completing the program in 2007, Meas Savath, of Cambodia, founded the Cambodian Centre for Mediation, which provides training and social dialogue, building conciliation between former Khmer Rouge and non-Khmer Rouge factions. Although the country's brutal civil war ended more than 35 years ago, Savath says, there is still a lot of mistrust between the two sides.

"In my program, all parties are invited to share their experience and understanding, as well as their perceptions of the two groups, and afterward they have a relationship that didn't exist before," he says.

The 10th anniversary celebration culminates with the Innovating Global Peacebuilding conference at the end of this month. Program staff are also collecting short video testimonials from alumni that are being compiled. You can see the videos on the [center's website](#), and following [#rotarychula10](#) on social media to get updates of the celebration.

Read stories from peace fellows on the Rotary Peace Center at Chulalongkorn University [blog](#)

Find out how to apply for a [Rotary Peace Fellowship](#)

Learn how [your gift](#) to The Rotary Foundation supports the peace centres

By Arnold R. Grahl

Rotary News

District fundraising for The Rotary Foundation

District Governor Gina Growden has commended District Rotary Foundation Chairman Past District



Governor Tony Castley for yet another outstanding year of fund raising for The Rotary Foundation in 2014/15. District 9685 raised \$224.52 per capita.

PDG Tony says that District 9685 Clubs should be very proud of their achievement in raising more money for The Rotary Foundation ('TRF') than any other District in Australia 'across the board' in 2014/15 - \$519,049. This total also included money raised from global grants.

Governor Gina urged all clubs to get behind TRF Chairman Tony and his team this Rotary year.

"We are confident our innovative Centurion Money Pole idea will give District 9685 an unprecedented boost."

Tony and his team of TRF Cluster Chairmen are working very hard and I urge everyone to get behind the campaign," she said.

Tony Castley expressed thanks to all Rotarians and Clubs for strong TRF support already this Rotary year. "As we approach the festive holiday season, please consider a special mid-year gift to benefit Rotary's many outstanding humanitarian projects in developing countries," he concluded.

Last meeting: Club business meeting

Treasurer Graham Maslen presented a summary of the club's financial position as follows:



Project account balance	\$16,817
Term deposit	<u>\$27,691</u>
Total	\$44,508

Less: budgeted expenditure:

International	\$15,000
Community	\$10,000
Vocational	\$ 3,000
Youth	\$13,750

Total \$41,750

Balance \$ 2,758

He said that the board had decided that the club should run down the term deposit by 50%, applying the money to worthwhile additional projects. Extra funds will be derived from the Gordon Markets and other fundraising activities.

Graham also reported that the balance in the club's general account was \$11,232.

President Graham said that it was proposed to have a \$10,000 term deposit contingency fund and that the budgets would be finalised at the board meeting on 10 December.

There was a brief discussion of a budget for the club's general account, which was deferred to the next board meeting.



Lou Coenen reported on Vocational Service as follows:

For the rest of this fiscal year, the Vocational Service team will be focusing on two activities with a total value of \$3,000.

• **Pride of Workmanship Award Dinner- \$2,000.** This is currently

scheduled for 29 Feb 2016. The dinner is to award individuals who have made significant, measurable contribution to the community and/or made a major contribution to their employer which should be recognised. These awards have mostly gone to government employees including Emergency Services personnel, as they are not able to receive any form of financial reward for outstanding performance. The reward includes a suitable Award Certificate and attendance at our Award Presentation Dinner along with their partner as our guest. We have already initiated discussion with the Ku-ring-gai Area Command

Police. Other potential recipients might come from RFS, SES, as well as recommendation from local business and community leaders. Suggestions of other organizations or nominations of recipients are welcome.

- **Communication to Local Business - \$1,000** – over the last few years, there have been a number of initiatives to establish deeper relationships with the local business community as well as increase our membership. We will be working to finalise a questionnaire to be distributed at the Bicycle Classic and via other channels to determine what activities we can initiate to assist the local business community.



Linda Lam-Rohlfs summarized the Youth Service committee's activities as follows:

Interact

- Ravenswood School has shown interest in starting an Interact Club; the Rotary District 9685 office has been contacted for guidance in establishing it.
- We have restarted communication to revive the Interact Club at Pymble Ladies College.

Rotary courses

- Rotary Youth Leadership Award ('RYLA') – we have nominated 1 candidate, who has been accepted
- National Youth Science Forum ('NYSF') – we nominated 2 candidates and 1 was accepted
- Rotary Youth Program of Enrichment ('RYPEN') – we nominated 2 candidates, who have been accepted
- Model United Nations Assembly ('MUNA') – we are seeking a team from Ravenswood School, amongst others
- Rotary Youth Driver Awareness ('RYDA') – we are working with the co-ordinator with a view to providing volunteers to assist running the courses

Benefic Award presentations in local schools

We will soon need volunteers to present our club's 'Benefic Awards' at:

- Clarke Road School
- Killara High School
- Ku-ring-gai Creative Arts High School
- Turramurra High School

Other activities planned for the rest of the year

- Publishing a flyer about the Rotary training courses, to make it easier to find candidates in future
- Compiling a catalogue of the courses
- Relationship building with local public schools
- Public talks in Gordon Library on Youth Service
- A promotional article in the North Shore Times

Assistance sought from club members

We are also seeking volunteers to assist with RYLA, as follows:

- Sunday 10th Jan 2016 8:00 to 10:00 am – Transportation to the training centre (Elanora Conference Centre)

- Tuesday 12th Jan 2016 Evening – Dinner with RYLA participants
- Saturday 16th Jan 2016 1:00 to 4:00 pm – RYLA awards presentation



Georgina Manning presented this report for the International Service Committee:

First I would like to thank everyone for supporting our fundraising nights. A special thank you to Ross Egan and Dilys Geddes for running the Trivia Night and Joy Newling, Rob Hall and Graham Maslen for our International

Night.

The Trivia Night raised \$1741.

The International Night raised \$1839.

The Days for Girls Evening raised \$1200.

With our budget of \$15,000 and our fundraising, we now have a total of \$19,780. Following is a summary of the exciting projects your International Committee is supporting.

- We have committed \$5000 to the Solar Power Project in Fiji to support this well run and worthwhile project. Together with a grant from The Rotary Foundation, it makes our contribution \$7500. The other really great thing about this project is that we are working with the Rotary Club of Lindfield and The Rotary Foundation to do much more than we could do alone.
- Days for Girls: we had budgeted for \$1000. However, together with our fundraising, I would like to put to our committee that we spend \$2500 to help start the program in Nepal. Days For Girls is going to copy the pilot program started in Uganda 2 years ago, which has now reached over 40,000 women and girls. Amongst other things, the program enables girls to continue going to school.
- School for Life Foundation: Annabelle Chauncy will be speaking at our meeting on 7th December. I am hoping that after this meeting we will be keen to support her in a project that we can join with other Rotary clubs and achieve what is necessary for the School For Life Foundation's secondary school.
- For the school in Nepal we have budgeted \$3000. This project is currently included in the budget and we will be having a committee meeting on 30th November to determine whether our ongoing support is still required.
- Rotary Oceania Medical Aid for Children and Rotarians Against Malaria: we have budgeted \$1000 each project, which we will continue to support.

Those projects currently leave us with \$4280. However the School for Life Foundation and the school in Nepal are projects we haven't committed to at this stage and they may well need extra funding.

I am happy with how we are proceeding with our projects and appreciate the support I have from the International Service Committee.

Finally, can I ask you to come and invite others to come on 7th December to hear the latest from Annabelle? I know the AGM is the same night but Graham has promised that will take no more than seven minutes! Come

and hear about a successful program in which we have played a key role.

(President Graham mentioned that our recent visitor, Roy Mundy, expressed interest in his Rotary club in England supporting the School For Life Foundation.)



Roger Desmarchelier spoke about the Community Service Committee's plans, as follows.

The Community Service committee manages projects that support to the local community.

These projects must meet the following criteria.

- Achievable (Meets community needs)
- Challenging (Attracts public attention)
- Measurable (Meets financial /budget/time demands)
- Shared (Involves all or some of the club's service objectives)
- Professional (Obtain expert advice and experience (where required))
- Is it fun?

Our projects this year are:

- Continuation of the Gordon Markets (which raise about \$20,000 per annum);
- The Bobbin Head Cycle Classic (run by a separate sub-committee);
- Further work with the Fairfield High School's Parents' Café – we have donated \$600 to enable people to attend its Christmas party (out of a total budget of \$2,000);
- Involvement in the Carols in the Park – producing a carols book sponsored by local businesses and helping the churches to run the event, hopefully at a net cost of \$1,500; and
- BowelCare – we need a volunteer to distribute test kits to pharmacies.

We need suggestions for more community projects. Next year we will continue our involvement with Daffodil Day, Red Shield Appeal and the Tick Awareness program. On the social side, we will again arrange theatre nights and another trivia night next year.

Our budget is \$10,000, which will be used in the programs mentioned above.

(Rob Hall reported that production of a tick awareness video was on hold.)



Tony McClelland introduced the report on the Bobbin Head Cycle Classic ('BHCC'), saying that the aim will be to raise \$300,000. Preparations by the large event committee are progressing well.

Bob Elsworth provided this update on marketing for the BHCC:

- Flyers for the BHCC have been distributed at other recent community cycle rides.
- A 'save the date' email has been sent to all past riders.
- The aim now is to get them to register for the BHCC.



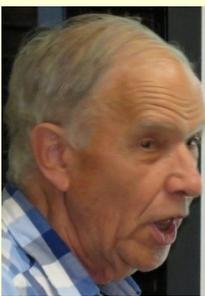
- The next focus will be marketing in bike shops and to corporate cycling teams, schools and local councils. This will be achieved by placing flyers and larger posters on notice boards and in shop windows, widely across the whole of Sydney.

- Volunteers are needed to assist with distribution of flyers and posters.

Bob Ivey said that there are 500 different tasks on the day of the BHCC. 440 volunteer marshals are required along the routes of the rides. Others are needed to set up the start/finish oval and to manage logistics, such as the food and drink stops. He demonstrated the website for registering and managing volunteers and emphasised that it is entirely separate from the event website used by riders.



Peter Kipps said that the BHCC traffic plan allows for 3500 riders (a 30% increase on 2015). In 2015 the number of riders increased by 35%, so 3500 is possible. The roads are near capacity for the longer rides (104 km and 80 km). We need a larger share of increase to come from the shorter rides (57 km and 27 km).



Assuming that 60% of the riders in 2015 return in 2016, we calculate the number of new riders required. The shorter rides need to increase by 75% to meet these numbers. We will have to tailor much of our marketing for these shorter rides – i.e., targeting ‘social’ riders by emphasising the beautiful surrounding and a great day out with friends. Typically 30-50% of social riders are female.

So far 165 riders have registered, which is twice the number at the same time last year. Most registrations occur shortly before the event.

In response to the reports presented, **Malcolm Braid** suggested/proposed:

- That, to keep members aware of when things are happening and to help them plan their calendars for involvement, the Avenues of Service chairmen immediately provide the Koongga editor with the possible dates of club activities for publication in Koongga - including things happening on Monday meeting nights (e.g., Pride of Workmanship Awards, restaurant nights, etc.) as well as other events like RYLA, RYPEN, MUNA, NYSF, BowlCare week, Red Shield Appeal, Daffodil Day, etc.
- The opportunity to involve the new members and particularly their spouses is important. Therefore events like Dinners for 8, restaurant nights, etc should happen in the next 6 months. Malcolm offered to coordinate Dinners for 8, possibly in late April.
- The opportunity to have the annual bowls night with a BBQ in January is also a great social event for



members and their partners – provided the last winners of the trophy can be identified and persuaded to relinquish it.

- That the membership committee should set up a membership awareness stall at key locations in Gordon, West Pymble, Killara, West Lindfield, etc every second month and also at Carols in the Park and other local community events, such as Little Athletics, cricket presentations, etc.
- That, as we sell the Carols in the Park bags with candles, program, etc for \$2, we should take \$1 per bag up to the shortfall cost on printing the program. (Rotary does not get the recognition and our costs should be covered, as we are providing a valuable service to help the event run.)
- On the General Account, a basic budget is all that is required – items like members’ subscriptions, printing and advertising, promotion costs, aprons, caps and Rotary T shirts (sometimes covered by members), District fees, Rotary Down Under subscriptions, dinner fees and door prizes, meals for visitors, meals for members attending other Rotary activities like RYLA, incidentals and the unexpected(!), etc. The General Account surplus has been a build up of members’ money over time and should be used to assist members in some of the activities /events, e.g., BBQ food and drinks at special events.

Next week: Annual General Meeting

The notice of the meeting has gone out, accompanied by all the paperwork. Is this the year you spring into action and vie for the Presidency?

Don't be shy; everyone needs to take a turn at running the club and holding one of the official roles is the ultimate way to really know how Rotary operates and everything that it undertakes. Full training provided for every role.

Annabelle Chauncy: School For Life Foundation

The School For Life Foundation's schools in Katuuso are developing in leaps and bounds. Come along and hear the latest news.

The students recently celebrated the end of the school year and Christmas with a Christmas party where they came dressed in their very best clothes, had a special



Christmas cake, goat and rice for lunch (a delicacy for children from Ugandan villages) and were given gifts.

The theme of this year's Christmas party was 'The Voice of an African Child'. They explored the theme

through a range of skits and dances.

Book club

The book club will meet next on Tuesday, 19 January at the home of the Maslens to discuss **A Spy Among Friends: Kim Philby and the Great Betrayal** by Ben Macintyre and **Napoleon's Last Island** by Tom Keneally.

Calendar of events

December	7	Annual General Meeting; Annabelle Chauncy: School For Life Foundation
	12	(Saturday) Carols in the Park
	14	Club Christmas party <i>chez</i> Tyler
	21	No meeting
	28	No meeting
January	4	No meeting
	11	
	18	
	19	(Tuesday) Book club meeting
	25	
February	1	
	8	
	15	
	22	
	29	Pride of Workmanship Awards
March	7	
	14	
	20	(Sunday) Bobbin Head Cycle Classic

Club officers and committee chairmen 2015-16

Board of directors

President	Graham Timms
Vice President	John Aitken
Immediate Past President	Tony McClelland
President Elect	Michael Midlam
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Tony McClelland
Director - Public Relations	Roger Desmarchelier
Director - Club Administration	Michael Midlam
Director - Service Projects	John Aitken
Director - Rotary Foundation	Peter Tang

Service committee chairmen

Administration (Club Service)	Michael Midlam
Vocational Service	Lindsay Forrest
Community Service	Roger Desmarchelier
International Service	Georgina Manning
Youth Service	Linda Lam-Rohlfs
Social events	Joy Newling
Bobbin Head Cycle Classic	Tony McClelland
Sergeant-at-Arms	Malcolm Braid
Assistant Secretary	Lindsay Forrest
Assistant Treasurer	Chris Lewis

Club committees 2015-16

Administration: **Michael Midlam**, Geoff Hungerford, Rob Hall (Program), Bob Ivey (Web and social media), Graham Maslen, Michael Tyler (Koongga)

Bobbin Head Cycle Classic: **Tony McClelland**, John Aitken, Ross Egan, Bob Elsworth, Peter Kipps, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Community: **Roger Desmarchelier**, Gary Dawson, Ross Egan (Daffodil Day), Greg Goodman (Bowelscan), Chris Hoch (Red Shield), Nick Kenyon, Ted Price

International: **Georgina Manning**, Roger Desmarchelier, Emyr Evans, Dilys Geddes, Rob Hall, Loïc Lacombe, Graham Maslen, Greg Newling

Membership: **Tony McClelland**, Caroline Jones, Ken Sackville

Public Relations: **Roger Desmarchelier**, Linda Lam-Rohlfs, Georgina Manning,

Rotary Foundation: **Peter Tang**, Lindsay Forrest, Chris Hoch, Greg Newling

Social Events: **Joy Newling**, Ross Egan, Dilys Geddes, Georgina Manning,

Vocational: **Lindsay Forrest**, Lou Coenen, David Forsythe, Peter Kipps, Michael Tyler

Youth: **Linda Lam-Rohlfs**, Joyce Enos, Stan Glaser, Gary Keating, Chris Lewis, Joy Newling, Don Riddell