



# K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959



Volume 58 No. 16

26 October 2015

Rotary monthly theme: Economic & community

## MIDDLE-EASTERN DELIGHTS IN THE WEST



On Saturday, 24 October President Graham led a group of 20 members, their partners and others on a visit to the Parents' Café at Fairfield High School.

Mr Jaju described how, in 2010, the school established a facility for school parents to run one day per week. The aim was to help new immigrants to settle, teaching them about the Australian way of life, housing, schools, government services and practical skills such as reading and writing English, completing forms and using computers.

Later, the program began to focus more on preparing immigrants for employment, helping them gain recognition for their overseas qualifications, running courses in hospitality, catering, gardening and establishing and managing businesses. Participants were also enrolled in TAFE courses.

The parents asked questions about Australian geography and history, so the school set up programs to deliver that information and take groups on tour to significant

### WELCOME TO FAIRFIELD HIGH SCHOOL

مرحباكم boan nghênb  
bienvenidos ॐॐॐॐ 歡迎 dobrodosli

The group was welcomed to the school by its Community Liaison Officer and Parents' Café Coordinator, Mr Haitham Jaju, who guided the visitors through the extensive grounds to the site of the café.

#### In this issue

- Middle-Eastern delights in the west: visit to Fairfield High School Parents' Café
- This week: Lou Coenen: Innovation • National Youth Science Forum • Last meeting's guests and notices
- Your board of directors in action • Rotary Leadership Institute • Take Heart Australia Day 2015
- Rotary Global Women of Action 2015 • Congo Canoe Challenge success
- Last meeting: Harry Allie: The challenges facing Aboriginal and Torres Strait Islander youths
- Next week: Hugh McKay: Community
- Book club • How many . . . ?
- Calendar of events • Club officers • Club committees

The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). [www.kuringgairotary.org.au](http://www.kuringgairotary.org.au) 'Be a gift to the world' is the Rotary International President's theme for 2015-16

sites, including historic parts of Sydney and to Canberra. To help the parents mix with each other and foster a sense of community, the school established a community garden and the Parents' Café. This enabled people from different cultures to mix with and learn from each other. It also helped many severely traumatised refugees from war-torn countries to begin the process of overcoming their dreadful memories.

In 2012 the Parents' Café began a catering service, providing foods from a range of Middle-Eastern and other countries. The Café has catered for groups ranging from 100 to as many as a 1,000.

The program at Fairfield High School has been recognised by the United Nations as a leader in integration of immigrants in their new countries. Many others have adopted the same model.

Following Mr Jaju's introduction, the visitors enjoyed a magnificent feast of food from a variety of cultures, including Iran, Iraq and Turkey, accompanied by lemon tea and Arabian coffee.



(More photos later in this edition)

### ***This week: Lou Coenen: Innovation***

Innovation in the form of services such as Uber and Airbnb is having a dramatic effect on people's lives and the way that business is done. The government is keen to ensure that Australia doesn't get left behind as more such changes occur, but becomes a leader instead. It's a good time to consider where we are heading and how it will affect our economy and way of life.

Lou Coenen knows a lot about innovation and change management and is bound to bring out a few novel ideas when he discusses the issues with us. Don't miss it!

### ***National Youth Science Forum***

On Monday night, our National Youth Science Forum attendee, Emily Cheung, will be visiting our club meeting with her mother, Pony. They will come at 6.30pm, so

they can meet more members and then Emily will speak briefly at the beginning of the meeting about herself and her expectations of NYSF, which will be held in Canberra in January. They won't be staying for all of the meeting, but Emily will come back after she attends NYSF to talk to us about her experience. Please make Emily and Pony welcome.



Joy Newling

### ***Last meeting's guests & notices***

#### **President Graham:**

- Welcomed our guest speaker, Harry Allie, and Paul Ryan;
- Noted that it was Joyce Enos' last meeting before she moves to the Hunter Valley;
- Encouraged members to join the visit to Fairfield High School, as the club wants to increase its assistance to people living in the west of Sydney;
- Gave a Clayton's promotion of a 'facials' deal to raise funds for 'Days For Girls' - it's sold out! (and raised \$1,000);
- Called for nominations for President-Elect 2016-17, other club officers and directors, for election at the club's annual general meeting on 7 December;
- Asked for members and their partners to make up a table of 8 with him and Judy at the Eagles RAPS trivia night on Thursday, 12 November (6-9pm, \$22 per person); and
- Announced that the movie premiere night proposed for 22 October had been cancelled.

**Ross Egan** circulated a table booking sheet for the club's trivia night on Saturday, 31 October (see advertisement later in this edition).

**Rob Hall** reminding members to practice their foreign culinary skills for International Night on 16 November.

**Tony McClelland** reported on preparations for the Bobbin Head Cycle Classic: they're progressing.

**Bob Elsworth** thanked Cathy Jackson, Christina Tilston, Jack McCartney, Chris Hoch (the demon distributor), Michael Midlam and Tony McClelland for distributing 1,380 leaflets advertising the Bobbin Head Cycle Classic at 'Spring Cycle' (members of Turrumurra Rotary Club handed out another 1,500) and encouraged members to continue marketing the event by word of mouth and by handing out flyers for the event.



## Your board of directors in action

At the board meeting last Monday:

- **Gordon Markets** – we received the licence for Kuring-gai & Turramurra Rotary Clubs to run the Wade Lane markets until the end of 2019. Apart from the Bobbin Head Cycle Classic, this is our most important fund-raising activity.
- **Projects Updates**
  - **National Youth Science Forum** – approved the expenditure for Emily Cheung to attend the 2016 NYSF. You will recall the amazing presentations earlier in the year from our previous 2 attendees – so we look forward with much anticipation hearing from Emily about her experience on Monday.
  - **Solar Panels for Fiji Schools** – noted the International committee approval to proceed with this project jointly with Lindfield Rotary Club, following the interesting guest speaker Rob Edwards' presentation. Remember to come to the Trivia Night next Saturday, 31 October, as the funds raised there will go towards our tremendous \$5,000 commitment.
  - **Days for Girls** – another great International project, \$1000 approved. It is really sobering to know that in many developing nations not having sanitary supplies can mean days without school, days without income and days without leaving the house. Girls miss up to two months of school every year. Days for Girls provides washable feminine hygiene kits to girls and women who would otherwise go without, enabling them to not miss valuable days from their education or employment. This amount is **in addition** to the proceeds raised from the two hour beauty treatment for ten women donated by Turramurra Natural Beauty and organised by our International committee Chair Georgina.
  - **Polio Plus** – Australian Government Funding. After making commitments at the Rotary International 2014 Convention in Sydney, the government has announced changes & cuts to this program. District was proposing a letter to MPs but is now looking at a petition. We await details . . . WATCH THIS SPACE . . .
  - **Club meeting 2 November** – our guest speaker is Hugh MacKay and we want to make this a big night – other Rotary Clubs have been extended invitations; please **BRING ALONG** your partners and friends. It will be a joint meeting with Lindfield Rotary Club.

## Rotary Leadership Institute



The next Rotary Leadership Institute course, course 30, will be run on 15 & 29 November and 13 December for parts 1, 2 and 3 respectively.

The course will be held at our district in Thornleigh.

As there are still a few vacancies you can apply to register or seek further information from Pam Pritchard by emailing Pam on [pam.1@bigpond.net.au](mailto:pam.1@bigpond.net.au)

Alternatively you can also email [rli.2015-16@rotarydistrict9685.org.au](mailto:rli.2015-16@rotarydistrict9685.org.au) for further information.

We look forward to hearing from you.

## Take Heart Australia Day 2015



Over 30,000 Aussies suffer sudden cardiac arrest every year . . . and only 10% survive. If more people knew basic cardiopulmonary resuscitation (CPR), we could turn that statistic around.

Take Heart Australia invites you to join it on 30 November for a day of free CPR and emergency training at Allianz Stadium, Moore Park.

To register your involvement and find out more about the day, go to [www.takeheartaustralia.org/signup/](http://www.takeheartaustralia.org/signup/)

## Rotary Global Women of Action 2015

**Lucy Hobgood-Brown** has been named as one of six six women honoured for leadership and humanitarian service.

Lucy is a member of the Rotary E-Club of Greater Sydney and co-founded [HandUp Congo](http://HandUpCongo.org), a not-for-profit organisation that promotes and facilitates sustainable, community-driven business, educational, social and health initiatives to underprivileged communities in the Democratic Republic of Congo.

Congratulations Lucy!

## Congo Canoe Challenge success



Munching on caterpillars and travelling 600 km in a motorised canoe are just two of the exhilarating highlights experienced in August and September by e-Club of Greater Sydney members Dr Grace Maano and Lucy Hobgood-Brown, when they travelled to the Democratic Republic of Congo on a four week medical training mission in August. The self-funded team included three other Australians, Dr Vera Sistenich, Chris Coombes and Maureen Burdyski.

In cooperation with [HandUp Congo](http://HandUpCongo.org), [Rotary Australia World Community Service](http://RotaryAustraliaWorldCommunityService.org) and, with the help of numerous donors including many Rotarians, the team took 400 kilos of donated medical equipment, eyeglasses, footballs and other community development resources to four locations.

NSW-based Dr Vera Sistenich, an Emergency Physician and Fellow of the Australian College of Emergency Medicine, provided training in neonatal, pediatric and adult life

support, airway and trauma management, as well as fluid resuscitation for children. Dr Grace Maano, a Locum Career Medical Officer based in NSW, trained Congolese medical staff in basic ECG reading and obstetric ultrasound scanning, handling obstetric emergencies and contraceptive (Jadelle) implant insertion.

Chris Coombes and Maureen Burdynski documented the medical training of more than 90 health care staff in the four venues, as well as more than 150 women receiving contraceptive implants. They also roamed each training site, photographing local communities' capacity building initiatives, including a Pygmy village in remote Equateur Province. This village is accessible only by canoe, which inspired HandUp Congo to initiate regular Congo Canoe Challenges with skilled volunteer teams.

Celebrate Congo and all the supporters of the 2015 Congo Canoe Challenge: Sunday, 22 November 2015, 12 noon to 4 pm at Blugibbon, 211 Pacific Highway, St Leonards (a short walk from St Leonards train station). Ample free parking.

### ***Last meeting: Harry Allie: Passing on experience to aboriginal youth***



'Uncle' Harry Allie is a descendant of the Gudjula tribal group. He was born in Charters Towers and though his mother was illiterate, she was determined that he would become successful.

Harry left school at 14. It was hard to get work in Charters Towers and he suffered from discrimination against aboriginals.

Typically men worked on rural stations, while women did domestic work.

Harry's first job was as assistant to a pastry cook, who encouraged Harry to pursue his interest in joining the Royal Australian Air Force.

Harry also worked for the Postmaster General, delivering telegrams. He learned a valuable lesson when his manager stood up for him when a white woman complained about Harry being given the job instead of her son. Harry was the 7th choice candidate for the job. The other boy was 8th.

Harry became a qualified linesman and worked on the upgrade of the Mount Isa/Townsville railway. The project provided employment for aboriginal and Torres Strait Island people in remote areas. They worked for 6 days each week. The seventh day was for football and washing.

Harry joined the RAAF and worked in logistics. His initial course was in Wagga Wagga and then he was posted to East Sale in Gippsland. He was very homesick, but derived great joy from reading letters from his family (and guessing which of his relatives wrote on his mother's behalf).

The servicemen read each others' letters and got to know each others' families and even went to visit them. Harry recalled the effect on an Irishman he took to Charters Towers.

Harry was posted to the USA to prepare for the delivery of the first F111 fighters. There was some opposition to Harry being sent (partly due to racial tensions in the USA), but his Flight Lieutenant stood up for him. Two

others were assigned to look after Harry.

Harry wanted to become involved in recruiting. However it was not until about 20 years after he retired from the RAAF with the rank of Warrant Officer that he got his chance. In 2012 the Chief of the RAAF invited him to become the inaugural Air Force Elder. He now talks to new recruits, listens to them and passes on his experiences.

Harry's uncles had served in the forces and his aunt was in the Australian Women's Land Army. He has been involved in ceremonies commemorating the service of aboriginal and Torres Strait Island people. As chairman of the organising committee he hears the stories of others' service.

Harry helps the younger generation become aware of aboriginals' war service. He is a member of the committee of the Australian War Memorial and was an ambassador for the Gallipoli centenary commemoration. He had just returned from Turkey, where he had honoured aboriginals killed in the campaign. He found Anzac Cove very moving and expressed his appreciation of how well the Turks have kept the military cemeteries.

Harry is also an elder on the campus of Western Sydney University, where he promotes the importance of good education. His work also involves encouraging young people in remote regions, such as Lightning Ridge.

### ***Next week: Hugh Mackay: Community***

Hugh Mackay is a social researcher and the author of sixteen books – ten in the field of social psychology and ethics, and six novels. His latest book, *The Art of Belonging*, was published in 2014, and his sixth novel, *Infidelity*, was published in 2013.

In recognition of his pioneering work in social research, he has been elected a Fellow of the Australian Psychological Society and awarded honorary doctorates by Charles Sturt, Macquarie, NSW and Western Sydney universities.

A newspaper columnist for over 25 years, Hugh is currently an honorary professor of social science at the University of Wollongong, an adjunct professor in the faculty of arts at Charles Sturt University, and a patron of the Asylum Seekers' Centre. He was previously deputy chairman of the Australia Council, chairman of trustees of Sydney Grammar School and the inaugural chairman of the ACT government's Community Inclusion Board. In 2015, Hugh was appointed an Officer in the Order of Australia.

Always a stimulating speaker, Hugh's talk on the subject 'Community' is bound to be informative and thought-provoking.

### ***Book club***

The Book Club will discuss 'Close Your Eyes' by Michael Robotham on Thursday, 26 November. Members and partners welcome.

### ***How many . . . ?***

How many programmers does it take to change a light bulb?

A1: Three. One to write the program, one to debug the program and one to test the program.

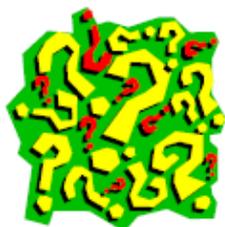
A2: None. That's a hardware problem.





**SATURDAY Oct 31st 2015 @ 7:00 pm**

*Bring your friends\*\* & join in the fun & games!  
An evening not to be missed .....*



**Ku-ring-gai Rotary TRIVIA NITE  
BY POPULAR DEMAND!**

**VENUE: WARRAWEE BOWLING CLUB\***

**BYO SUPPER**

COFFEE & TEA & DRINKS AVAILABLE.

**TICKETS AT DOOR \$20 per person**

*\*Pacific Highway, Warrawee,  
Parking on site*

*\*\* tables of up to 8 or 10 are welcome  
. Contact Ross Egan for bookings*



# An invitation to the Rotary Foundation Dinner

Epping Club  
45-47 Rawson St  
Epping NSW 2121  
9 November 2015  
6:30pm



The  
**Rotary**  
Foundation



## Rotary Foundation Dinner

### Booking Form

- I would like to buy \_\_\_\_\_ tickets at \$67.50/head\* \$ \_\_\_\_\_  
 I would like to reserve a table for 10 for \$650

\*cost includes, pre-dinner drinks, 2 course meal, wine and soft drinks on the table, entertainment and all at a 5-star venue.

Please list the names of all people being booked in:  
Please add if they are "C" (Centurion), PHF, PHS,  
"MD" (Major Donor). [please print]

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Special dietary requirements:

\_\_\_\_\_

Dress: Business Attire

*Paul Harris Fellows please wear your ribbon and medals*

Booking persons details

Name: \_\_\_\_\_

Ph (H): \_\_\_\_\_ Ph (B): \_\_\_\_\_

Ph (M): \_\_\_\_\_ Rotary Club: \_\_\_\_\_

Email: \_\_\_\_\_

Company: \_\_\_\_\_

Signed: \_\_\_\_\_

Payment by mail:

Please make cheque payable to Rotary District 9685  
Post completed forms to PO Box 244, Toongabbie NSW 2146

**OR** charge my Credit Card No:

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name on card: \_\_\_\_\_

Expiry: \_\_\_\_ / \_\_\_\_ Signature: \_\_\_\_\_

Visa  Mastercard for \$ \_\_\_\_\_

Online bookings:

[tinyurl.com/TRFdinner](http://tinyurl.com/TRFdinner)

RSVP by Friday, 30 October 2015

For enquiries phone:

District 9675 - PDG Paul Reid 0424 026 343

District 9675 - DGE Stephen Humphreys 0412 993 561

District 9685 - PDG Tony Castley 0414 80 1888

District 9685 - DGE Bruce Lakin 0419 876 073

## Rotary Foundation Dinner Program

### Venue

The 2015 Rotary Foundation Dinner will be held at the Five Star Epping Club. Enjoy wonderful food, wine and fellowship, while at the same time we will recognise a number of new Paul Harris Fellows, Paul Harris Society Members and Major Donors.



### Invitees

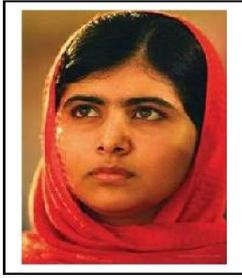
The invitation is open to all Rotarians and their guests and the generous companies supporting our program. A special invitation to all Paul Harris Fellows, Paul Harris Society Members and Foundation Major Donors.

### Program

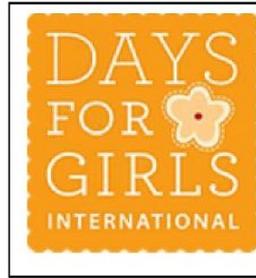
6.30 - 7.00pm	Fellowship and pre-dinner drinks
7.00	Introductions
7.15	Main course
7.45	Guest speaker
8.15	Dessert
8.45	Presentations
9.15	Close and photos



Do be sure to come along and celebrate your commitment to The Rotary Foundation and help us raise funds for the final eradication of Polio.



## He named me Malala Movie fundraiser



**Sunday November 15  
Roseville Cinemas**

[www.rosevillecinemas.com.au](http://www.rosevillecinemas.com.au)

(112 Pacific Highway, Roseville, opposite Roseville Station)

Proudly hosted by the Rotary E-Club of Greater Sydney

<http://www.rotary-eclub-greatersydney.org>

Malala became a celebrated global icon after she was shot for defying the Taliban by speaking out for girls' education. She also comes from a family of dedicated Rotarians who campaigned for the rights of villagers in her homeland in Pakistan.

**Days for Girls International** is a grass roots non-profit creating a more dignified, humane and sustainable world for girls through advocacy, reproductive health awareness, education and sustainable feminine hygiene, because no girl should go without. <http://www.daysforgirls.org/>

**Funds raised from the movie** will support the provision of Days for Girls feminine hygiene and training kits to 2 schools in Lautoka, Fiji. SewAID will make the kits.

- **Enjoy light refreshments** from 7:00pm, **Movie starts** at 8:00pm
- **Tickets:** adults \$ 25.00; students \$20.00
- **Please click on** <http://www.trybooking.com/JIVM> to purchase tickets
- **For more information:** contact Fleur Hourihan, [fleurhour@gmail.com](mailto:fleurhour@gmail.com)

# Australian Rotary Health presents ....

“Looking back on my  
last 15 years ....”



## *An Evening with Fay Jackson*

**Deputy Commissioner  
Mental Health Commission of New South Wales**



Fay had experienced symptoms of mental illness since age 10. Her teenage years were filled with fear, angst and disappointment. Despite doctors telling her she would never hold down meaningful work or be a contributing member of society, she fought back to become an accomplished artist, public speaker, trainer, service director and CEO. Though initially floored by the diagnosis 1 years ago, the mother and grandmother of two picked herself up after the death of an adored brother, ABC children's programmer Peter Jackson, to become a potent champion for people with mental illness.

Fay was one of the first people in Australia to regularly speak as a consumer of mental health services at public events. Fay's company Vision In Mind focuses on mental health in the workplace – “how to work and stay safe and well, how to come back to the workplace after a period of illness, and how to manage people with mental illness ... Given the opportunity we can work hard, succeed in our careers and be positive contributors to our workplaces and communities,” she says.

As a Deputy Commissioner of the Mental Health Commission of NSW, Fay wants to maintain her focus on employment issues, as well as support for students to stay in school, TAFE or university while they have mental health issues. She will also work to raise awareness of the particular needs of people in rural areas, destigmatise mental illness, raise the awareness of prevention and recovery, and of the needs of children whose parents have a mental illness.

You will also hear some of Australia's brightest young researchers speak of their work – Loneliness in the Australian homes population, Adolescents with Anxiety and Depression and Ovarian Cancer research and others. It is also an opportunity to meet some of our Indigenous Health Scholars.

Bring your club, family and friends to the

## **Australian Rotary Health Christmas Dinner**

on

**Wednesday 9th December, 2015**

at

**The Epping Club, 45-47 Rawson Street, Epping**  
for an interesting and entertaining night  
featuring many of our *Sponsored Researchers* and

**Fay Jackson**

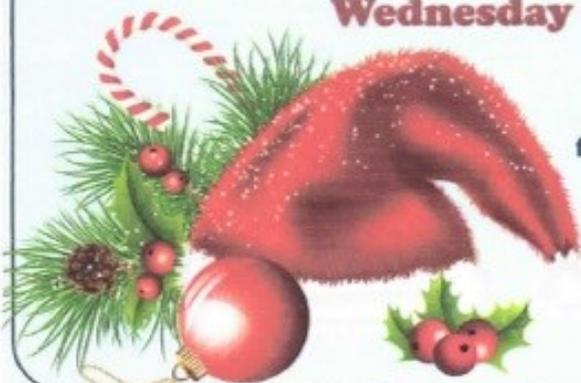
**\$65 per person**

**including table drinks & 3 course meal**

*Cocktails 6.30 for 7pm Start*

**Contact Jenny Towe on 8837 1900**

*For information and tickets*



## Calendar of events

October	31	Saturday: Trivia night (fundraising for Fiji solar energy project)
November	2	Hugh McKay: Community (joint meeting with Rotary Club of Lindfield)
	9	Professor Michael Pailthorpe: Forensic investigation of textile clues in crimes and accidents
	16	International night <i>chez</i> Manning
	23	Club business meeting
	30	
December	7	Annual General Meeting; Annabelle Chauncy: School For Life Foundation
	14	Club Christmas party <i>chez</i> Tyler
	21	No meeting
	28	No meeting
January	4	No meeting
	11	
	18	
	25	

## Club officers and committee chairmen 2015-16

### Board of directors

<b>President</b>	Graham Timms
<b>Vice President</b>	John Aitken
<b>Immediate Past President</b>	Tony McClelland
<b>President Elect</b>	Michael Midlam
<b>Secretary</b>	Geoff Hungerford
<b>Treasurer</b>	Graham Maslen
<b>Director - Membership</b>	Tony McClelland
<b>Director - Public Relations</b>	Roger Desmarchelier
<b>Director - Club Administration</b>	Michael Midlam
<b>Director - Service Projects</b>	John Aitken
<b>Director - Rotary Foundation</b>	Peter Tang

### Service committee chairmen

<b>Administration (Club Service)</b>	Michael Midlam
<b>Vocational Service</b>	Lindsay Forrest
<b>Community Service</b>	Roger Desmarchelier
<b>International Service</b>	Georgina Manning
<b>Youth Service</b>	Linda Lam-Rohlfs
<b>Social events</b>	Joy Newling
<b>Bobbin Head Cycle Classic</b>	Tony McClelland
<b>Sergeant-at-Arms</b>	Malcolm Braid
<b>Assistant Secretary</b>	Lindsay Forrest
<b>Assistant Treasurer</b>	Chris Lewis

## Club committees 2015-16

**Administration:** Michael Midlam, Geoff Hungerford, Rob Hall (Program), Bob Ivey (Web and social media), Graham Maslen, Michael Tyler (Koongga)

**Bobbin Head Cycle Classic:** Tony McClelland, John Aitken, Ross Egan, Bob Elsworth, Peter Kipps, Graham Timms

**Club History:** Malcolm Braid, Tom Jackson

**Community:** Roger Desmarchelier, Gary Dawson, Ross Egan (Daffodil Day), Greg Goodman (Bowelscan), Chris Hoch (Red Shield), Nick Kenyon, Ted Price

**International:** Georgina Manning, Roger Desmarchelier, Emyr Evans, Dilys Geddes, Rob Hall, Loïc Lacombe, Graham Maslen, Greg Newling

**Membership:** Tony McClelland, Caroline Jones, Ken Sackville

**Public Relations:** Roger Desmarchelier, Linda Lam-Rohlfs, Georgina Manning,

**Rotary Foundation:** Peter Tang, Lindsay Forrest, Chris Hoch, Greg Newling

**Social Events:** Joy Newling, Ross Egan, Dilys Geddes, Georgina Manning,

**Vocational:** Lindsay Forrest, Lou Coenen, David Forsythe, Peter Kipps, Michael Tyler

**Youth:** Linda Lam-Rohlfs, Joyce Enos, Stan Glaser, Gary Keating, Chris Lewis, Joy Newling, Don Riddell