

K O O N G G A

Bulletin of the Rotary Club Of Ku-ring-gai Inc - Chartered 6th February 1959

Volume 57 No. 17 3 November 2014

Rotary monthly theme: November: Rotary Foundation



This week

Ken Sackville – Around the track

Ken Sackville, our club's very own tipster, has had an interest in horse racing from a young age. As it is Melbourne Cup week, his talk will focus upon this favourite pastime, racehorses, the racing industry and the Cup race itself.

Ken has been a part owner of many racehorses over a number of years. He will talk about his experiences as an owner, with horses and racing people and his visits to racecourses in many countries and entertaining clients in his corporate role.

In relation to the Cup, Ken will relate his own experiences, including stories of leading trainers and winning horses. He will also focus on the race's attraction to the broader Australian public, including its history, glamour and excitement.

Finally Ken will talk about some fun elements of the Cup, including "How to Pick the Winner", and will conclude with some betting advice and his tips for the Cup.



Take care on Monday

Killara Golf Club has requested everyone to take care around additional cables, and not to touch extra audio-visual equipment, which will be set up in our meeting room on Monday.

Guests & announcements

Last week, **President Tony:**

- welcomed District Governor Elect Gina Growden, guest speaker John Lockyer, David Hepworth and Adrienne Hall;
- Thanked Chris Hoch and Bob Elsworth for volunteering to distribute Bobbin Head Cycle Classic leaflets at the 'Gong ride;
- Thanked Graham Maslen and David Forsythe for completing the club's 2013/14 accounts and audit; and
- Enlisted 9 volunteers to run a barbeque for Lifeline on 13 November. Tony said that the sausages will be provided at a discount by a butcher who was given a Rotary Pride of Workmanship Award.

DGE Gina said that she had come to introduce herself to the club before taking office as District Governor next year.



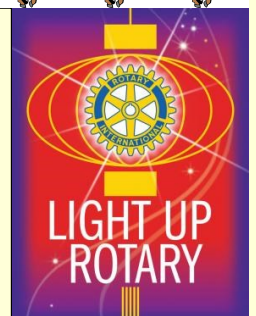
Gina joined the Rotary Club of Lane Cove in 1998, when she was CEO of the Prostate Cancer Foundation. The Foundation had been set up by Roger Climpson, who was a member of the Lane Cove club. Gina was the club's first female member.

Gina's husband, Harold Sharpe, was District Governor in 2002/03. They retired to the Central Coast 10 years ago. Gina is now a member of the Rotary Club of Terrigal and was its first female president.

Gina's District roles include Group Study Exchange Team Leader to Brazil in 2007; Chairman of the District GSE Program 2009, when the first wheelchair program in the world was

In this issue

- This week: Ken Sackville – Around the track
- Last week's guests and announcements
- Amendment of the constitution
- District Conference showcase
- Water & Sanitation Rotary Action Group webinars
- Last week: John Lockyer – Hornsby/Ku-ring-gai Women's Refuge
- Positions vacant
- Calendar of events • Club officers • Club committees



The club meets every Monday 6.30pm at Killara Golf Club, 556 Pacific Highway, Killara. Visitors welcome (Tel: 9498 2700). www.kuringgairotary.org.au

Rotary International Theme 2014-2015

undertaken with Phoenix, Arizona; District Scholarships Committee; Rotary Youth Leadership Award; Rotary Youth Driver Awareness; Assistant District Governor 2010/11; District Secretary for 3 years.

Gina hails from Port Lincoln, SA and went to school with Olympic weight lifting gold medalist, Dean Lukin.

Gina will revisit our club during her year as District Governor.

Rob Hall reported that:

- The brochure about safe removal of ticks sponsored by the club had been distributed to hospitals and doctors' surgeries and there are more copies available for distribution;
- The brochure is part of a proposal put to the federal government altering recommendations for tick removal; and
- Associate Professor Sheryl van Nunen sent her thanks to the club.



Amendment of the constitution

Each Rotary club's constitution is a standard document prescribed by Rotary International. Periodically Rotary International's 'Council on Legislation' decrees amendments to the constitution, which every Rotary club must adopt. This occurred recently, so at our club's annual general meeting on 1 December it will be necessary to pass a resolution amending the club's constitution.

The changes, in summary, are:

- Provision for the club to establish a 'satellite club', which is explained in this way: 'a satellite club may be thought of as an alternate meeting time and place of the host club. The satellite club is not an official independent Rotary club'.
- Change of the term 'New Generations' to 'Youth'.
- Some procedural changes regarding Rotarians transferring from other clubs/former members rejoining.
- Changes regarding attendance – principally to do with attendance at satellite clubs.
- Changes regarding excused absences and attendance records.
- Changes regarding club officers. In particular a candidate for president will need to have been a member for at least a year, unless otherwise approved by the District Governor.
- Waiver of the joining fee if a past member rejoins the club.

Full details of the changes will be circulated when the official notice of the annual general meeting is published.

District Conference showcase

Rotary Clubs provide the heart and soul – and inspiration - of every District Conference and the March 20-22, 2015 staging will be no exception with the majority of space within the House of Friendship/Rotary Expo allocated to a District 9685 Showcase of Rotary



project excellence!

District Governor Ian Scott has called on EVERY Rotary Club to ensure the SHOWCASE of special projects will provide lasting inspiration for all Conference attendees – and especially those new club members sampling their first 'taste' of District Rotary service.

Further information and the application form are available on the Conference website.

Does this mean that President Tony will be there wowing the delegates in his lycra, extolling the virtues of the Bobbin Head Cycle Classic?



WASRAG webinars

Inspired by the June 2014 World Water Summit in Sydney, Rotary and Water & Sanitation Rotary Action Group (Wasrag) are teaming up on a free, three part webinar series to assist with your water, sanitation, and hygiene (WASH) Rotary projects.

Moderated by Rotarian Bob Wubbena, immediate past Vice Chair of Wasrag, this series will feature ideas and best practices from WASH experts and experienced Rotary members to help you undertake sustainable WASH initiatives.

More details are available at <http://rotarydistrict9685.org.au/stories/world-water-summit-1/>

Last week



John Lockyer Hornsby/Ku-ring-gai Women's Shelter

John Lockyer, chairman of Hornsby/Ku-ring-gai Women's Shelter Inc, gave the following presentation about the shelter:

Women's Homelessness

One in 2 women who are homeless or escaping domestic violence are turned away from crisis accommodation every day. Australia-wide, at least 44,000 women are homeless each night.

Groups at risk include older single women, migrant women with little family support and women experiencing domestic violence.

Local Need

The NSW State Government has established that there is a need to support at least 54 homeless women per annum in the Upper North Shore area. Another 40 per annum are at risk of homelessness.

Local services in the Hornsby and Ku-ring-gai council areas report assisting up to 15 homeless women per month. There is no crisis accommodation to assist them anywhere between Lane Cove and the Central Coast.

The Hornsby shelter will be aimed at older, single, childless women, because there is no government agency supporting that group.

How will crisis accommodation help?

The new shelter in Hornsby Ku-ring-gai is a rented 7 bedroom house in Hornsby, which will be able to accommodate up to 10 women at a time. It will be secure and will be monitored by police who are only 1km away.

The shelter will:

- Provide safe, temporary supported accommodation (up to 3 months) for women in times of crisis such as homelessness and /or domestic violence.
- Inform and empower women to make active decisions about their lives and encourage them to seek alternatives and options using a participative management approach.
- Create an environment where women can share skills, ideas and information and with support from Shelter workers help each other.
- Provide services to all women who can self-manage regardless of their age, sexuality, cultural and linguistic diversity or whether they have a disability or mental illness.
- Advocate on behalf of women experiencing domestic violence ensuring they have access to resources and can live their life safe and free from fear.
- Liaise and co-ordinate services with other government, non-government organisations and community agencies to improve outcomes for homeless women.

Places at the shelter will be allocated based on the greatest need. The majority of people admitted are likely to be victims of domestic violence.

The shelter will have a highly qualified and experienced manager, supported by trained counsellors and psychologists and other government and non-government agencies.

It is expected that the shelter will accommodate about 50 women each year.

Who are Women's Community Shelters?

Women's Community Shelters (WCS) was established in 2011 by the founders of the Manly Women's Shelter, which has been providing crisis accommodation and case management to homeless women on the Northern Beaches for over 3 years. WCS is working with local communities to replicate this model in areas of need. WCS will provide significant funding, intellectual property, project management and assistance in establishing and operating local shelters. WCS is working with a Hornsby Ku-ring-gai Shelter Steering Committee to establish the first shelter in this new model.

How can you help?

The running costs for the Hornsby Ku-ring-gai shelter will be \$450,000 per annum. One third has been raised and two thirds will be underwritten by WCS. A benefactor has provided support for this.

The shelter will attract some federal government support, but the organisers are fundraising themselves and have received some corporate support.

WCS has deductible gift recipient status and donations to WCS and the Hornsby Ku-ring-gai Shelter project are tax-deductible. WCS has committed to holding donations earmarked for the Hornsby Ku-ring-gai Women's Shelter while the operations are being established. You can donate to the project here: www.givenow.com.au/womenscommunityshelters

You can also help by:

- Joining the Fundraising Committee and help raise the community's contribution to the ongoing operating costs of the new shelter.

- Raising awareness of the proposed shelter amongst your contacts, and talking to people who have skills who could assist the committee or future shelter clients.
- Offering your skills pro-bono as an in-kind donation to the set-up or operations of the shelter, allowing us to help more women. The shelter plans to establish gardens and will need a shed and tools.

John took the following question on notice and passed it on to Annabelle Daniel, the CEO of Women's Community Shelters:

"Whether homelessness women with children (particularly with male children around the age of 14 years of age) are discriminated against due to the fact that the child is a male. The questioner stated that young males around the age 14 are sexually active and that this would pose an issue. I indicated to the meeting that this was not a target group for the shelter and that we were targeting single women with no children. I promised the questioner that I would seek an opinion from you."

Annabelle responded as follows:

"It's an interesting question and one of those persistent myths that seems to live on in spite of services trying to debunk it!"

In my experience, there are no hard and fast rules about exclusion, and certainly no 'default' position. In reality, women's shelter managers make decisions on a case-by-case basis as they do with all cases, thinking about who else is in the shelter, what risks there are and what alternative assistance for the family is available.

Some of the challenges with accommodating older boys can be:

- Living in very close quarters (shared houses) with adolescent and teenage girls.
- Living in close quarters with other women who may have experienced trauma and abuse from sons or young family members.
- Perpetuating challenging behaviours they may have learnt from older males.

Some of the benefits can be:

- Most provide excellent support to their mothers and younger siblings.
- Keeping a family together.
- Examples of good and supportive behaviour.

In each case that presents, you weigh the reasons, consider the wishes of the family, consider who else is living in the shelter, consider other options or shelters which might be better placed to help, and make a decision."

Positions vacant

Koongga seeks keen Rotarians to assist with writing articles, sourcing others, finding illustrations, editing, layout, publication to the web, as well as coordination with the program chairman, board members and committee chairmen.

Here's your opportunity to enter the publishing industry. No experience required - training provided! Apply to the Koongga editor.



where hope shines

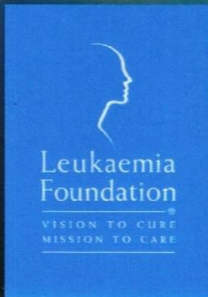
Thank you!

Rotary Club of Ku-ring-gai

Thanks for giving hope for blood cancer research by supporting

Pymble

at Light the Night



lightthenight.org.au

PRINCIPAL PARTNER

BRIDGESTONE

NATIONAL LOGISTICS PARTNER

TOLL

Calendar of events

November	10	Tony Castley - Rotary Foundation
	17	Suzy Ogelsby - Fitness for cyclists and golfers
	24	Nikki Allan - Helping children with Attention Deficit Hyperactivity Disorder
December	1	TBA
	8	TBA
	15	Christmas party chez Tyler (last meeting in 2014)
	22	No meeting
	29	No meeting
January	5	No meeting
	12	TBA
March	16	Bobbin Head Cycle Classic club briefing
	29	(Sunday) Bobbin Head Cycle Classic
May	14	(Thursday) Fundraising night: Pymble Players: a Hercule Poirot whodunit
	17	Meeting postponed 3 days
	20	(Wednesday) Bobbin Head Cycle Classic presentation to charities

Club officers and committee chairmen 2014-15

Board of directors

President	Tony McClelland
Vice President	John Aitken
President Elect	Graham Timms
Secretary	Geoff Hungerford
Treasurer	Graham Maslen
Director - Membership	Greg Newling
Director - Public Relations	Michael Midlam
Director - Club Administration	Joy Newling
Director - Service Projects	John Aitken
Director - Rotary Foundation	Graham Timms

Service committee chairmen

Club Service	Joy Newling
Vocational Service	Michael Midlam
Community Service	Ross Lambert
International Service	Roger Desmarchelier
Youth Service	[Vacant]
Bobbin Head Cycle Classic	Bob Elsworth
Sergeant-at-Arms	Malcolm Braid

Club committees 2014-15

Bobbin Head Cycle Classic: Bob Elsworth, John Aitken, Ross Egan, Peter Kipps, Tony McClelland, Michael Midlam, Graham Timms

Club History: Malcolm Braid, Tom Jackson

Club Service/Club Administration: Joy Newling, Geoff Hungerford, Graham Maslen, Michael Tyler (Koongga Editor)

Community Service: Ross Lambert, Lou Coenen, Gary Dawson, Roger Desmarchelier, Ross Egan (Daffodil Day), Bob Elsworth, Rob Hall, Chris Hoch (Red Shield Appeal), Geoff Hungerford (Markets) Caroline Jones, Nick Kenyon, Loïc Lacombe, Jack McCartney, Michael Midlam (Bowel Scan), Frank White (Markets)

International Service: Roger Desmarchelier, David Forsythe, Graham Maslen, Greg Newling, Peter Tang

Membership: Greg Newling, Dilys Geddes, Linda Lam-Rohifs

Public Relations: Michael Midlam

Program: Rob Hall, Ross Egan

Rotary Foundation: Graham Timms

Vocational Service: Michael Midlam

Youth Service: Greg Goodman, Malcolm Braid, Joyce Enos, Emyr Evans, Bob Ivey, Tom Jackson, Linda Lam-Rohifs, Joy Newling, Ted Price