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## Meeting Apology

Please use the club website **before 3 pm** on meeting day to apologise or add a guest, or you will be required to reimburse the club for your meal cost.

<http://www.kuringgairotary.org.au>

## This week

Sandy McGregor, introduction to Sandy page 6

## Reading at Clark Road School

Our Caroline went to Clark Road School to assist with reading

Joy Newling and Bob Ivey also went and their stories were very moving

## Last Week

**Annabelle Chauncy** spoke about the School of Life Uganda. This is a project we are assisting with the supply and implementation of electricity. Report page 2

Michael Tyler organized the second Rotary Awareness night and we had 12 attendees. Graham Timms presented the introduction to Rotary which appears on page 3.

**Annabelle**



## Urgent—Youth Insearch

Last Monday night I asked again for volunteers to help at the Youth Insearch Garage Sale and Working Bee at Kurrajong on Saturday 8 September. Sadly, when I received the sheet back, all it showed was 5 “no”.

They really need our support. If there is any way you could help for a couple of hours I know it would be appreciated. They are starting at 9am so any time after that would be good. I can give you more details and directions on how to get there.

They need to know numbers, so if you can help please let me know by this Friday, 31 August.

Many thanks, Joy Newling 9487 2338

## From Our Rasma

\*Subject: Modern Technology\*\*\*\*\*

I was visiting my son and daughter-in-law last night when I asked if I could borrow a newspaper.\*\*\*\*

'This is the 21st century, old man,' he said. 'We don't waste money on newspapers. Here, you can borrow my iPod.'\*\*\*\*\*

I can tell you, that bloody fly never knew what hit it..\*\*\*\*



## School of Life Uganda

School of Life Katuuso Uganda



### THE BOARD

Darren Perry  
Chairman  
(Partner, Freehills law firm)

Matt Day  
(Architect)

Jack Elliott  
(Treasurer RAWCS)

Will Britten  
(Head of Asset Management – Credit Suisse)

### Why did we start?

We experienced first hand, the extreme poverty in Kenya and Uganda

We identified the need for education in rural areas to break people free from this vicious cycle

We were inspired by the peoples resilience to hardship

We are passionate about creating change to break the cycle

### Current Situation

Ø Poor quality of education

Ø Lack of basic resources such as pens and paper

Ø Poorly trained staff

Ø Over-crowded classes and children being chased away for not paying fees

## School of Life Uganda

Students in school before School of Life Started



Students in School of Life classroom 2010



### The Figures

49% of Uganda's population (33 million people) are aged between 0 -14 years

Life expectancy in Uganda is 53 years, it is 82 in Australia

Uganda's GDP per capita is \$1354 vs Australia's \$39 466

Only 56% of Ugandans complete primary education  
Out of 177 countries worldwide, the United Nations identified Australia as the 3rd most liveable with Uganda being ranked 154th

Ø Punishment freely given for lack of understanding  
According to the District Development Report 2010:

• Pupil teacher ratio is 50:1

• Pupil classroom ratio is 65:1

• Pupil desk ratio is 6:1

• Average distance to primary schools is 4km

• Unemployment rate is 66.9%, the majority of whom are women.

• Only 2% of women are employed. Women are mostly involved in house work, crop farming, poultry on a subsistence level and brick making

• Youth form 60% of the total population, 40% of whom are unemployed and lack vocational and business skills



## School of Life Uganda

### Objectives

To create lasting change, through capacity building

To work alongside communities to ensure long-term success

Provide support networks to empower individuals/communities

To provide local employment – a 'hand up not a hand out

### And most importantly...

To use education as a tool for breaking the cycle of poverty

Because we believe that education changes everything

### School of Life

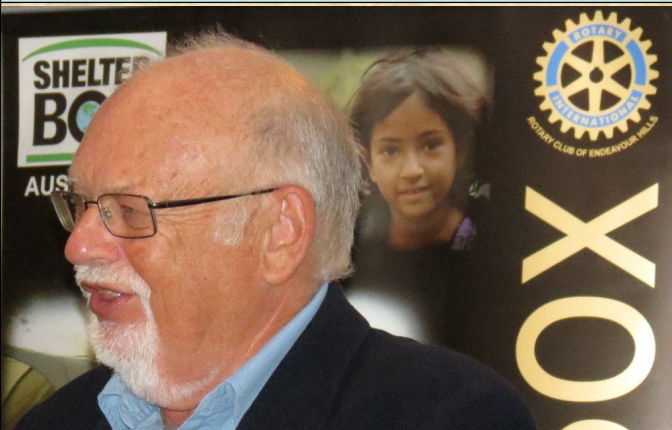
School for Life owns 10 acres of land in the Mpigi district, where Katuuso Primary & Vocational school is located

### Why Muduuma?

According to the District Development Report 2010:

- Pupil teacher ratio is 50:1
- Pupil classroom ratio is 65:1
- Pupil desk ratio is 6:1
- Average distance to primary schools is 4km
- Unemployment rate is 66.9%, the majority of whom are women.
- Only 2% of women are employed. Women are mostly involved in house work, crop farming, poultry on a subsistence level and brick making
- Youth form 60% of the total population, 40% of whom are unemployed and lack vocational and business skills

## Presentation to Visitors Graham Timms



### Rotary presentation - 27th august

I was asked to tell you about rotary generally, the Rotary club of Ku-ring-gai and the projects we undertake, and that's important but I don't think that's all you want to know.

Over

## Presentation to Visitors Graham Timms

You see the truth is that you're here tonight because we hope that you will be able to help us in future and we hope that some of you will want to join us and become members.

So why should you?

The only way I can really explain it is to tell you why I joined and what rotary has given me.

\*\*\*\*\*

Twelve years ago my managing director and I had a strong disagreement about the strategic direction of my division and the company in general and suddenly at the age of fifty-four my career in finance came to an end.

It wasn't all bad, it gave me the opportunity to turn a hobby of mine - winemaking - into a business, but sitting at home soon after the axe fell, amongst the wreckage of my former career I realised three things.

The first was that for years I had been giving donations to various charities and the cheques might just as well have vanished in smoke for all the difference that I could see that they made.

The second was that I realised didn't have as many friends as I thought I did. Before, my wife and I had a very busy social life - parties, theatre, the opera, entertaining at least once a week and so on and so on, but it turned out that most of my friends were nine to five friends - business friends. When I left the company, when I was no more use to them they moved on.

The third thing was that I felt unsatisfied, morally empty somehow. I wasn't entirely happy with what I had been doing, pushing paper around to make money. I wanted to do something where the motives, the morals, were clear, clean.

One of my wife's girlfriends had a husband in rotary. My wife suggested that it might be what I was looking for.

\*\*\*\*\*

I found the rotary club of Ku-ring-gai. I was interviewed by the then president, Dilys Geddes and one of her committee members. I was asked what I would like to do - there are four what we call Avenues of Service:

**Community  
Youth**

**Work place (we call it vocational)  
International**

I chose International because I was used to International travel - I had done a lot of it in my former career - and I could see myself in exotic locations, sinking water pumps like in 'a town like Alice.' I would be Graham of the jungle.



## Presentation to Visitors Graham Timms

So I joined the rotary club of Ku-ring-gai for an annual membership fee of \$250 and in those days \$25 for the weekly dinner (it's \$295 and \$30 now.) I was given a Rotary lapel badge, a dinner name badge, a welcome pack and a mentor - one of the longer serving members of the club - to help me get to know everyone and everything.

I got my first International assignment. It was selling toy fluffy dogs in shopping centres to raise money for land mine clearance in Cambodia. So much for travel to exotic places.

In fact in later projects we did sink wells and build toilets in exotic (which almost always means poor and disease ridden) locations but as I quickly discovered it was usually done through people already there on the ground. You see rotary is paranoid about the funds we raise actually going where they are meant to go so the money has to go directly to the people on the spot, usually local Rotarians, to administer. And we're all volunteers, every one of us. You won't see any well dressed charity executives flying business class or driving new white land cruisers on a rotary project.

I did many things in International.

I was part of the group that put together the plans and raised the money to build the first maternity hospital in the second largest city in Sierra Leone and I watched by Skype as the new building was blessed jointly by the catholic bishop and the chief Imam. And that's a true Rotary miracle.

I was part of the team that went to East Timor three years ago to set up a rotary youth leadership program to train their young people and I had tears in my eyes when I saw photographs of our first two graduates helping to supervise the freest and fairest elections East Timor has ever had - their photograph was in last month's financial review. We're not just training young people, rotary is changing a nation. Ain't that something?

Of course just because I was on International I wasn't exempt from helping out in other areas. I've sold daffodils at Pymble station and sausages at West Pymble pool. I've collected money for the salvos and food tins for the Sydney city mission. I've distributed Christmas cakes and bowel scan kits. I've mixed concrete and laid pavers for a special needs school at Hornsby and helped to raise money to buy a second-hand bus for a couple who rescue drop-out and suicidal kids around Blacktown.

A few years back we gave a pride of workmanship award to the final year apprentice butcher at my local butcher shop. It encouraged him to start his own shop and he's doing very well.

## Presentation to Visitors Graham Timms

I can't begin to tell you how good it feels to do these things.

And friends? Now I have 24 hour friends. I play golf with some of them on Wednesday and tennis with others on Sunday. Some of my friends have invited me to join them bicycling down to bobbin head and back but that's taking friendship a bit too far. And there are quiet dinners and social nights where, thank god, I can just relax and be me, not always on duty, at work as I used to be. And when one of us falls ill then there are always other Rotarians there to help.

And I feel good.

Rotary has one simple slogan and one simple requirement. The slogan is:

**Service above self**

The requirement is called the rotary four way test:

**Is it the truth  
Is it fair to all concerned  
Will it build goodwill and friendships  
Will it benefit all concerned.**

And there's something else that I didn't even know about or factor in, but it's there.

Rotary is a network. My last house alterations were designed by an architect member of the club. My last holidays were organised by a travel agent member of the club. My parents-in-laws house was sold by a real estate agent member of the club. And I sell quite a bit of my wine to club members.

And why wouldn't i? Wouldn't you always want to deal with somebody who believed in service above self and followed the Rotary four way test?

\*\*\*\*\*

At this point I haven't said anything about what a lot of people might think are the big things; things done by our global charity, the Rotary Foundation.

You see while each rotary club is more or less independent we are gathered together in districts and the districts come together to form rotary International and rotary International supports the rotary foundation which is our global charity and from which we can draw funds for our own local projects - half the money for that second-hand bus we purchased came from the Foundation.

It's Rotary International and the Foundation that has provided the firepower to eradicate Polio - over a billion dollars since we started in the 1980s.

Actually it's a funny thing about the Polio program and it says something about Rotary.



## Presentation to Visitors Graham Timms

When rotary International started the program in a small way in the Phillipines the general opinion was that it was an impossible task. When we eradicated polio in the western hemisphere general opinion started to think again. When we knocked over Asia they changed their mind. Last year when India was declared polio free it seems that it was the W.H.O who had done it all.

But we don't care who gets the credit, as long as the job gets done. That's the real reward.

And is it just clever diplomacy that has brought Myanmar in from the cold and released An San Suu Kyi? The diplomats claim so but we think it has something to do with the thousands of Shelterboxes that rotary International delivered after the Burma floods when no other aid agency was allowed in; the thousands of Shelterboxes that rolled the first stone that started the avalanche of freedom. You can't ignore the world when a third of your population is living in tents with rotary wheels on their flaps. No wonder rotary is still banned in China, North Korea and Cuba. We should have a warning sign under our lapel badges - dictators beware.

We're not political of course but we do pretty much all believe in democracy and freedom. We have no denominations of religion but it's hard to see too many religions objecting to the four way test. We're open to men and women of all races, colours and creeds

That's about all I want to say. There's more information at your tables and any of our members will be happy to bend your ear about the various projects that they're involved in or more details about our club.

And me? I'm in charge of the sponsorship committee for next year's Bobbin Head Cycle Classic where we're hoping to raise over \$100,000. So you might be hearing from me in another context to see if we can make a rotary project work for your business.

Oh, and there are membership interest forms available on the tables if you feel that you'd like to take the next step. Fill them out and then let's talk.

Thank you.

## MEN'S HEALTH FORUM

**MEN'S HEALTH FORUM**  
**Live a longer and  
healthier life**  
**Ku-ring-gai Council Chambers**  
**24 September, 9.30am - 1pm**

**Monday 24 September**  
**9.30am - 1pm**

Welcome and introduction by Premier Barry O'Farrell

Hear from health experts

Enjoy a delicious morning tea

Browse information stalls

Speakers include:

- Dr Tommy Wong Cardiologist
- Heart health - primary prevention and risk reduction
- Dr Gregory Bennett Specialist in Geriatric Medicine
- The benefits of exercise for physical and intellectual health
- Assoc. Prof. Michael Fine Head of Sociology Macquarie University
- The importance of staying connected in the community
- Paul-André Thierry Sleep technician Sleep problems and solutions

### **Bookings essential - places limited**

How to book:

In person: Council Customer Service Counter  
Level 4, 818 Pacific Highway, Gordon

*By mail:* Ku-ring-gai Council, Locked Bag 1056, Pymble  
NSW 2073

*By email:* [seniors@kmc.nsw.gov.au](mailto:seniors@kmc.nsw.gov.au)

*By phone:* 9424 0000 to register your interest



## Street Commodore Charity Auto Show

The Street Commodore Charity Auto Show we are still in need of some more volunteers for the BBQ?

<b>Date of Event</b>	16th September 2012
<b>Event Title</b>	Street Commodores Magazine
<b>Sub Title</b>	Charity Automotive Show
<b>Organisers Charity</b>	Camp Quality
<b>Expected Attendees</b>	200 - 300 for Breakfast In excess of 2000 for Lunch

Arrangements: The organisers would be please for us to provided catering without contribution to the organisers in any way so we will be free to donate proceeds for our efforts to whomever we see fit. I have asked several people whether we have access to the Rotary Shed at St Ives Showground. I have just sent an email to Ross Egan as I understand that he may be able to shed some light on the subject. I am awaiting his reply.

## Sandy McGregor Speaker this week

### Who is Sandy MacGregor?

Here is a [short video about Sandy](#)

*"My three daughters were gunned down and killed in their Sydney home by an intruder."*

- Graduate Royal Military College Duntroon.
- Chartered Civil Engineer Sydney University
- Decorated with Military Cross and American Bronze Star for bravery
- Survived a life of pity, hate filled revenge after the tragic murder of his three daughters
- Dynamic Speaker/Presenter, appearing on national TV and radio.

Conducts Corporate and Public Training Programs and Seminars throughout Australasia.

### Best selling author of the following great books

Piece of Mind his first book is an Australasian Best Seller

Creating Happiness Intentionally is about determining and working towards your Life's Purpose. Often many of life's challenges are in the way and need to be resolved when working towards your Life's Purpose. This book will show you how to do it. Endorsed by Ita Buttrose, Allan Pease + more.

Switch On to Your Inner Strength it is not until we are challenged by adversity that we really experience our inner strength. This book is about how to use your inner strength at any time, to enhance your peace and power. No Need for Heroes a book on his Vietnam experiences which has received fantastic accolades.

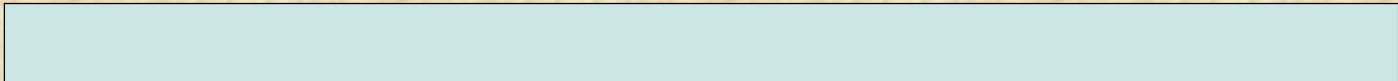
Students Steps to Success has been acclaimed by School Principals and University Professors and is now being used internationally. "It is the knowledge and techniques to become the success that you the student deserves to be, that is the focus of this book." - David Smith, Associate Professor, School of Teaching and Curriculum Studies, Faculty of Education, University of Sydney.

## Joy Newling Clark Road School

Three members went to Clarke road school for and numeracy week

Bob and Carolyn spoke about their experience with the reading and Bob was brought to tears with his recollection.





<b>2012/13</b>	<b>Calendar</b>	
September	3	BM. Speaker. Sandy McGregor
	10 (11th)	Tues 11th. Debate with Turramurra at their meeting. <b>NO MEETING MONDAY 10TH SEPTEMBER</b>
	17	3 x 10 on me
	24	Restaurant evening
October	1	Labour Day public holiday
<b>No meeting Monday</b>	8 (10TH)	<b>Wed 10th October.</b> District Governor Zone Meeting. Hornsby RSL. 6.30 for 7pm.
	15	BM. BM. Speaker Diane Robertson. Clarke Road School
	22	Speaker. Murray Stone. Kids Research Centre . Westmead Childrens Hospital
	29	Carers Night
November	5	BM Speaker Bob Ivey
	12	
	19	Rotary Awareness Night
	26	
December	3	BM. AGM
	10	
	17	Christmas Party
	24	Christmas Break
	31	Christmas Break
January	7	Christmas Break
	14	BM. Bowling Night
	21	Club Forum Night
	28	Theatre Night
February	4	BM
	11	Pride of Workmanship (vocational)
	18	
	25	
March	4	BM
	11	Rotary Awareness Night
	18	
	25	
April	1	Easter
	8	BM
	15	
	22	Club Forum Night
	29	
May	6	BM
	13	
	20	Rotary Awareness Night
	27	
June	3	BM ( Trivia Night 1 June)
	10	Queens Birthday public holiday
	17	
	24	Changeover Night