



www.kuringgairotary.org.au The club meets every Monday 6.30pm at West Pymble Bowling Club

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Meeting Apology

Please use the club website **before 3 pm** on meeting day to apologise or add a guest, or you will be required to reimburse the club for your meal cost.

<http://www.kuringgairotary.org.au>

This Week

Robin Millar, Financial Information Service, Centrelink – Topic: Retirement Options

Chris Hoch—Red Shield

Red Shield appeal 19 May, Chris needs 9 volunteer drivers

Last Week

DVD on new ideas in Rotary plus open forum for members to speak their mind

Michael Tyler Awareness

Rotary awareness – we currently have 19 attendees

Object is to start a relationship with local businesses and we want to build on the relationship.

Please invite your partners, we need a big attendance.

We will have name cards and places

Peter Kipps BHCC

We are looking for a new route and we are consider an application that includes Bobbin Head, Mona Vale Road, McCarrs Creek Road, West Head, Akuna Bay and return to Turramurra

Rotary Club of Lane Cove

Lane Cove Rotary is seeking assistance for their project in Indonesia at Nusa Tenggara Timur

They need an additional \$7,000.00 to apply for a matching grant for a total project of \$39,000.00

Up-coming Functions

Sat 26 May - Dinner for 8 (host or attend)

Ross Egan

Our Trivia night has been postponed to early June.

A new set of challenging questions has been designed and it will be very interesting

From Graham Timms

We have completed our stately progress down the Rhine, Mainz and Danube and are now in Budapest. My apologies for not communicating but internet connections on the ship are diabolical. Apparently it has something to do with the ship's wireless router but whenever two or three are gathered together in the internet's name down and uploads move not in the speed of seconds but in geological epochs.

The weather has been variable, varying from extreme cold through extreme cold with wind to extreme cold with wind and sleet. A day after our departure from Amsterdam bronchitis swept the vessel imported, apparently, by tourists joining the cruise from Paris - yet another social disease that can be blamed on their City of Lights. Judy and I have remained healthy by the consumption of enormous quantities of food, vitamin C tablets and, in my case German white wine. It seems to work. The only question is whether we will have to book extra seats on the plane home to accommodate our guts.

The trip has been everything everyone had previously reported and much more. I am not at all a cruise person but last night in the crystal salon while sipping a Mosel and watching the Hungarian dancers I found myself seriously contemplating doing it again! Somebody tie me down please.

Anyway, we'll be back in just over a week so see you then.

Cheers, GT

THE WINDS OF CHANGE

This excellent DVD covered many topics for Rotary to improve and become more modern

We need to look like normal people, not have a loaded language (acronyms), use of the word Fellowship and generally engage in a Change culture



Stuart Heal The Winds of Change

DVD Presentation now available

\$8.00 Including Pack & Post

Two part video presentation for Rotarians:

Part 1 9 minutes 30 seconds

Part 2 9 minutes 45 seconds

If your club is considering 'change' this is a must see video presentation.

Two excellent short presentations that will address the basic need for change and ideas on how you can think and discuss what you may consider changing within your club's structure.

Stuart Heal
RI Zone 8 Director

Order Now

DVD is available by contacting the District Secretary Conrad Melvaine Email:

conradmelvaine@hotmail.com

Phone 0411 631 610

For Rotary to move forward another 100 years we must change our culture from that of attendance to engagement.

"We need to power up our clubs to ensure a sustainable revitalisation of our organisation"
Rotary Districts 9500 & 9520

THE WINDS OF CHANGE

Key themes from THE WINDS OF CHANGE
(Conference Presentation)

- before we talk change we must recognise one size does not fit all. Clubs and Rotarians must be able to make changes applicable to them and their environment.

- change is up to us. It cannot be driven "top down"

- the fact it took 4 or 5 Councils on Legislation (COL) to approve youth activities (new generations)

as the fifth avenue of services illustrates how slowly we change.

- COL approves our RI strategic plan every three years. COL is not strategic. We need to work harder preparing our resolutions and selecting our attendees. Is the current formula the best way forward? I suspect it has become a dinosaur.

- COL consists entirely of PDGs. Are they the best group to set our future course? My suggestion is to get the best people there and include new Rotarians even Rotaractors.

- The strategic plan is now aligned with the budgeting process and this should enhance the chances of implementation.

- The strategic planning committee has recommended to the RI board to increase the level of money available for District PR grants. Decision in November 2010.

- We need new clubs. Options include e-clubs, new generation clubs, no meal clubs, happy hour clubs, traditional clubs and satellite clubs. The board is set to pilot satellite options so watch out for

information.

- Are we ready for the membership enquiry and PR challenge when the world wakes up to the announcement we have beaten polio?

- There seems to be a growing discontent with the Future Vision Plan and still a lack of understanding of the Rotary Foundation. It is time to review this structure and branding of the two organisations. Should we all be one?

- It is encouraging to see progress being made with combined District PR in Australia. 17 Districts have combined this year and hopefully all 22 will next year. A combined approach will stretch our limited dollars further.

THE WINDS OF CHANGE

The thrust of our direction must be strategic and therefore longer term planning. The annual theme mentality is a major impediment and needs to be reviewed.

- The strategic plan should over arch all plans at club, district and International levels of Rotary.
- We must move from a culture of attendance to one of engagement. We are service clubs not attendance clubs. I believe it is time for clubs to manage their own attendance requirements to meet the needs of their members and communities.
- We must use contemporary language. Why do we have a Rotary vocabulary different from our work and family lives?
- - Rules are potentially strangling this organisation and are used to create problems instead of solving them by too many Rotarians. I believe rigid structures stifle spirit and Rotary needs more spirit.
- The board is reviewing a new "core essence" statement following the review by North Western University. It says what and who we are really well.

A WORLDWIDE NETWORK OF INSPIRED INDIVIDUALS WHO TRANSLATE THEIR PASSIONS INTO RELEVANT SOCIAL CAUSES TO CHANGE LIVES IN COMMUNITIES.



Rotary Club of Dee Why Warringah

will be hosting a

12 hour Mental Health First Aid Workshop
in Balgowlah

on

**Saturday 5th May and
Sunday 6th May, 2012**

9am—4pm

An invitation is open to Community Members
to attend this 12 hour course
(over 2 consecutive days)



www.australianrotaryhealth.org.au

Mental Health First Aid is the help given to someone developing a mental health problem or in a mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves. The course covers helping adults in mental health crisis situations and/or in the early stage of mental health problems.

Crisis situations covered are:

- Suicidal behaviours
- Acute stress reaction
- Panic attacks
- Acute psychotic behaviour

To secure your seat contact

Pam Driscoll

on 9949 2533

pam.c.driscoll@gmail.com

BOOKING IS ESSENTIAL

Booking Fee of \$30

will cover the cost of the Manual

Light Lunch will be provided

Positions are limited to 20 only

*Program funded by
Commonwealth
Department of
Health and Ageing*



MENTAL HEALTH FIRST AID

Remainder of 2011-2012 Calendar

| DATE | Speaker (BM = Board meeting) |
|------------------|---|
| Monday 23 April | Robin Millar, Financial Information Service, Centrelink – Topic: Retirement Options |
| Monday 30 April | Patrick Haynes: "Huskies in the Antarctic in the 60's" |
| Monday 7 May | Ross Lambert Social Media BM |
| Monday 14 May | Restaurant night at the Greengate Hotel: Ivan Cribb to speak |
| Monday 19 May | Red Shield collection |
| Monday 21 May | May Hat day; Graeme Davies & De Bono's six thinking hats |
| Saturday 26 May | Dinners-for-eight |
| Monday 28 May | John (Kenny) Aitken—some interesting new moulding equipment |
| Monday 4 June | June Lower North Shore Rotoractors BM |
| Monday 11 June | Queen's birthday – no meeting |
| Saturday 16 June | Trivia night |
| Monday 18 June | 3 x 10-on-me |
| Monday 25 June | Changeover |