



Reach Within to Embrace Humanity

In this issue

- Movie Night 27 Feb
- Club Calendar
- Rosters
- This Week
- Last Week
- Our First E Fine—White F
- RYLA Koz Yanada
- Pride of Workmanship
- Macquarie University Library Dinner
- Romac—Our Speaker this week

Back Pages

- Guest speakers
- Market roster
- Door team
- Happy days

Meeting Apology

Please use the club web-site **before 3 pm** on meeting day to apologise or add a guest, or you will be required to reimburse the club for your meal cost.

<http://www.kuringgairotary.org.au>

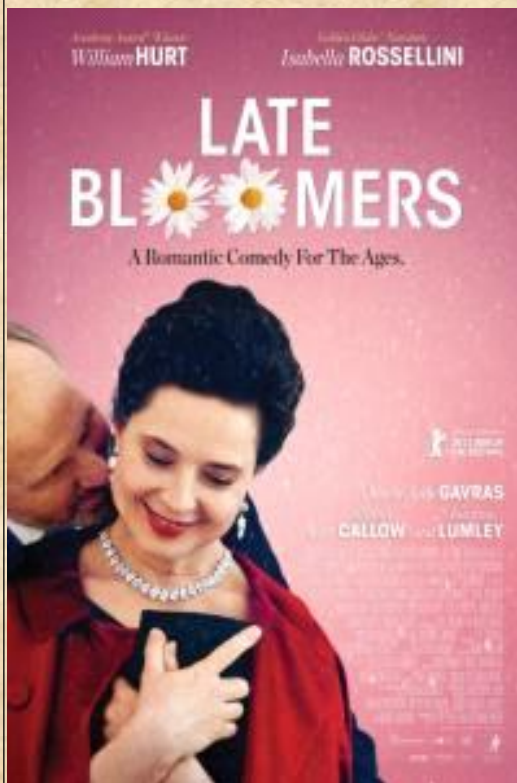
Movie night

Movie Night Monday 27 Feb 12

We have booked 200 seats to watch **Late Bloomers** at Roseville Cinema. Drinks & nibbles from 6.30 pm for a 7.30 pm movie.

This Movie evening is a great fundraising opportunity for our Club.

Please contact your friends and make bulk booking with Ross Egan. Tickets \$20.



Attendance Sheet for up-coming Functions

Please see Caroline for the Attendance sheet to nominate for these functions:

Mon 27 Feb - Movie Night

Mon 5 Mar - Tour & dinner at Macquarie Library

Sat 21 Apr - Trivia Night

Sat 26 May - Dinner for 8 (host or attend)

This Week

Last Week

Pride of Workmanship

Our First E Fine—White F



Peter Kipps was riding his bicycle with Frank White (12 months leave of absence from Rotary) when suddenly Frank disappeared.

Peter later learned that Frank had double booked the ride time

Frank for your convenience please deposit folding money to

Rotary Club of Ku ring gai **General** account

BSB 032089

Account 253341

RYLA Koz Yanada



I'm here to speak about the Rotary Youth Leadership Awards otherwise known as RYLA, which I had the fantastic opportunity to attend thanks to Ku-Ring-Gai Rotary Club.

RYLA was a unique experience and I honestly don't think a ten-minute speech will do it justice! The week was challenging, yet inspiring, intense at times but so rewarding. There were many difficult questions asked of us, such as- why do we want to lead? Is it for the prestige? The money? Or to simply satisfy our own ego? Is leadership a privilege or is a leader's role to serve?

The selection of speakers were stimulating and insightful. Les Watson, one of my favourite speakers immediately split us into two groups and explained very quickly the aim and rules about the game we were about to play- these weren't clear at all- which later we learnt was all part of the session. I won't go into the details as the game was based on the element of not clearly understanding the aim- if that makes sense! However using the lessons we'd learnt from playing the game, we were introduced to the possibility of a win-win option in life. And how the idea of what I consider to be a "win"- may not necessarily be another persons' view of winning.

The ability to positively influence others and the power of one single vote, all were concepts I had come across in the past, through schooling and everyday life- however seeing it in action through the game really made me reflect on my own thoughts and beliefs. This is a prime example of the "RYLA effect" which we'd been told about from the start of the week.

Some of the concepts were new, some were put in a different light in a supportive and encouraging environment.

Our days started at 7.30am and often ended past midnight, and with very little free time, it really tested our limits in some of these sessions- both mentally and physically.

RYLA Koz Yanada

We had various activities where 77 like-minded young leaders had to make decisions in negotiations, real-life situations and social-setting scenarios.

Another concept I took away from RYLA was Phil Langdon's "Limiting Beliefs" session where he spoke about how as we've gotten older, our fears grow and our own perceptions of our abilities narrows. A quote which sums this up completely is- *"If you continue to be consumed by the past, you won't understand what is, and you will fail to realise what could be."*

Again, this wasn't a completely new concept but by being in an environment where we could reflect in our smaller groups- who we met sometimes twice a day- really helped reinforce the day's activities and themes, allowing us to speak openly and help set ourselves personal goals. Reflection was actually my favourite part of the program and I honestly don't think I would have benefitted as much if it wasn't for these group sessions.

Detective Superintendent Deborah Wallis was another favourite- who spoke about how things can be changed, simply by looking at it in an alternative way.

These points she raised were further emphasised through a practical exercise which immediately followed the session that was run by the RYLA facilitators. We were split up into smaller groups and were allocated various systems of leadership, for example, one group had to make decisions simply based on voting with no discussion, whilst another, sat in a horizontal line and their decisions could only be discussed with the person next to them, who then passed what they had decided down the line. This exercise showed us how structures, such as corporate systems can definitely affect the decisions which are made and the overall effectiveness- however we learnt that this should not be seen as a restriction.

The people I'd met were amazing, like-minded and driven people. Initially being more senior in age of the group, I was worried that it may come into play, however as the week went on, I'd forgotten how young some of my friends actually were!!

In the weeks following RYLA, we have organised catch-ups almost on a weekly basis and many have followed in last year's Rylarians' footsteps by joining local Rotaract clubs. Lower North Shore Rotaract has welcomed five new additional members and the Hills Rotaract is in the process of being formed by the Rylarians of 2012.

RYLA overall was a rewarding experience and I honestly hope I was able to convey that this evening. I learnt aspects of various types of leaders within our community and I hope to integrate concepts such as the power of a single vote, being aware of my limiting beliefs and viewing things in more than one perspective- in both my personal and professional future. As the 2012 RYLA slogan stated- I hope to exceed my own expectations.

Thank you once again for sponsoring me and having me here tonight.

Editor - What a competent speaker!

Pride of Workmanship

Samantha Hawkins

Samantha started at Lady Davidson Private Hospital in February 2009, when she commenced her Enrolled Nurse training. She progressed very well throughout the 12 month training course rotating around different wards and clinical placements at other hospitals. After completing her training Samantha was offered a position as an Endorsed Enrolled Nurse and has been working part time while furthering her studies at university to achieve a degree in nursing.

Samantha provides excellent care to all her patients, ensures a pleasant, professional relationship with all co-workers and demonstrates willingness and ability to adjust to changes in her role as an enrolled nurse. She acts as a role model and mentor to younger student nurses on her ward.

The Nursing Department of Lady Davidson Private Hospital are proud to nominate Samantha for this award.



Pride of Workmanship

Debbie Walker

Debbie is a hard worker with a strong work ethic. She treats all her clients equally & with respect. Her work is always of a high standard. She has a great sense of humour & is loved by all her clients and the rest of the staff at Boffa's. Everyone at the salon is very proud of her winning this award



Pride of Workmanship

Sachin Suneram

Sachin Migrated from Mauritius as a motor mechanic but needed to complete the TAFE course to be qualified in Australia.

He went to Tony Politano at Caltex St Ives seeking employment and was successful.

He is now serving his apprenticeship with Tony and attending TAFE.



Macquarie University Library Dinner

Macquarie University Library Dinner & Tour
Monday 5 March 6.30 pm
Cost: \$32



DINNER

Where: Dunmore Lang College, 130-134 Herring Road,
North Ryde NSW 2113

When: 6.30pm buffet dinner

Speaker: Maxine Brodie, University librarian

TOUR

Where: Macquarie University library (building C3C)

When: 7.45pm

Come and enjoy a buffet dinner, talk and tour of the historical Lachlan Macquarie Room as well as Macquarie University's innovative and sustainable new library

Romac—Our Speaker this week

Philip has been a Rotarian for 10 years and has been a member of 3 Rotary clubs. He was present with a Paul Harris Recognition in 2004, for his work in the Rotary Club of Haberfield, NSW.

Philip and his wife Cathie, became involved in ROMAC when an 11 year old girl with Congenital Glaucoma came to Sydney for surgery in August 2010.

What ROMAC does: We provide medical treatment for children from developing countries in the form of life saving and/or dignity restoring surgery not accessible to them in their home country.

ROMAC is assisted by many eminent Australian surgeons who generously respond to requests for assistance. This humanitarian program has provided over 300 children from 20 countries with urgent medical treatment that has given them new hope. To date, children have been brought from Fiji, Papua New Guinea, Malaysia, Indonesia, Sri Lanka, Bangladesh, Vietnam, Cambodia, Russia, China, Tonga, Solomon Islands, The Philippines, Pakistan, Iran, Timor-Leste, Vanuatu, Kiribati, Nauru and Zimbabwe.

The children usually come from very remote areas and are brought to Australia, as medical treatment is simply not available in their home countries. We have helped children with herniated brains, deformed limbs, horrific burns, heart conditions and in the case of the Bosun (Siamese) twins, separation as they were joined face to face from the lower chest to the umbilicus.

Philip's presentation is not only to bring Club members up to date on the projects, but to also invite members who have a spare day or two, to become volunteers, to accompany a child and one parent, on a day out, such as visiting a hospital, or visiting tourist spots in Sydney to entertain the visitors, as they usually don't spend all of their time in hospital. And of course to invite Clubs to donate to ROMAC.

Remainder of 2011-2012 Calendar

DATE	Speaker (BM = Board meeting)
Monday 20 February	ROMAC: Philip Smith
Monday 27 February	Film night: Late Bloomers
Monday 5 March	Maxine Brodie: Macquarie University BM
Monday 12 March	Dilly Bag
16-18 Mar	Conference
Monday 19 March	Macquarie Park talk
Sunday 25 March:	Bobbin Head Cycle Classic
Monday 26 March	Ross Lambert: social media
Monday 2 April	Emyr Evans BM
Monday 9 April	Easter Monday
Monday 16 April	Saving our Heritage (New members night)
Saturday 21 April	Trivia night
Monday 23 April	Robin Millar, Financial Information Service, Centrelink – Topic: Retirement Options
Monday 30 April	
Monday 7 May	BM
Monday 14 May	Ivan Cribb, Member - Topic: Life Story
Monday 21 May	Hat day
Saturday 26 May	dinner-for-eight
Monday 28 May	Red Shield collection
Monday 4 June	BM
Monday 11 June	Queen's birthday – no meeting
Monday 18 June	MUNA
Monday 25 June	Changeover

